

Practicum
Handbook, William
Paterson University
Psy.D. Program in
Clinical Psychology,
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Introduction

Dear William Paterson Psy.D. Students,

Practicum is one of the most rewarding and exciting parts of your doctoral studies. To have a successful practicum experience, you need to be aware of the numerous guidelines and processes for applying, interviewing, and eventually completing supervised clinical training at your chosen practicum site. You should also know about how the skills you build on practicum shape your eventual doctoral internship opportunities and beyond. This handbook will serve as a guide to this process, and should be used in close collaboration with faculty and mentors in the Psy.D. program. The handbook is divided into two sections. The main section includes basic information and guidelines about the practicum and internship application process and your role as an extern. The appendix section includes a collection of sample resources to help you with your applications. There are different sample documents for both first and second years, taking into account the increased clinical experiences that second years will have from their first practicum.

Keep in mind that this handbook does not replace close collaboration with a faculty member in the Psy.D. program. The best thing you can do for your practicum and internship applications and experience is to work with one or more of the Psy.D. faculty in order to ensure that you have the greatest chance of success.

Good Luck!

Best,

Ari Lakritz, MA

Psy.D. Graduate Student, Class of 2020

For 2025-2026, the Program Director and Director of Clinical Training at WPU are:

- William Ernst, PhD, Program Director (PD), WPU PsyD program, ernstw@wpunj.edu
- Bruce Diamond, PhD, Director of Clinical Training (DCT), WPU PsyD program, diamondb@wpunj.edu

Glossary of Terms

These terms appear in the Student Handbook or other communications you likely come across through your training experiences. They are organized by the level of training, with the final level (licensing) listed first.

(1) **Licensing**

ASPPB – Association for State and Provincial Psychology Boards. The alliance of state, provincial, and territorial agencies responsible for the licensure and certification of psychologists throughout the United States and Canada. In other words, this is the oversight body for all **state licensing boards**. They design, oversee, and implement the EPPP and set policy that trickles down to state licensing boards for the practice of psychology. <http://www.asppb.net/>

EPPP – Examination for Professional Practice of Psychology is a **licensing examination** developed by the Association of State and Provincial Psychology Boards (ASPPB) that is used in most U.S. states and Canadian provinces. This is the national exam taken after completion of the doctoral degree and usually required for licensure. There has been discussion that the EPPP will be administered in two parts, and test fee is about \$600 for each part (total cost about \$1200).

(2) **Internship and Postdoctoral training**

APPIC – Association of Psychology and Postdoctoral Internship Centers. This is the organization that compiles **internship and postdoctoral training** information. Your applicant portal and hours tracking software (integrated with time2track) are hosted here. <https://www.appic.org/>

AAPI – APPIC Application for Internship. Hosted within the APPIC site on a portal, the portal usually opens for students in July and is where you enter, edit and ultimately submit your internship application materials. <https://www.appic.org/Internships/AAPI>

NMS – National Matching Service. This is the computerized service used to match prospective interns with sites based on the student's and site's rank order. Priority is given to student's ranked list, not the site's ranked list. <https://natmatch.com/psychint/index.html>

(3) **Externship/Practica**

NYNJADOT – New York New Jersey Association of Directors of Training. This organization consists of Directors of Clinical Training (DCT) in NY and NJ who have developed guidelines to govern the process of applying to externships and accepting externship offers in the NY and NJ region.

PENDELDOT – Pennsylvania, Delaware and New Jersey Directors of Training. This organization consists of Directors of Clinical Training (DCT) in PA, DE and parts of NJ who have developed guidelines to govern the process of applying to externships and accepting externship offers in this region.

(4) Professional Association and Accreditation

APA – American Psychological Association. <http://www.apa.org/>

PWC – Professional wide competencies. These are the **domains of practice** (see APA website and WPU Student Handbook for elaboration) defined by APA Standards of Accreditation (SoA). Minimum levels of achievement in these are required to receive your degree and ultimately practice psychology.

The nine PWC:

1. Research
2. Ethical and Legal Standards
3. Individual and Cultural Diversity
4. Professional Values, Attitudes, and Behaviors
5. Communication and Interpersonal Skills
6. Assessment
7. Intervention
8. Supervision
9. Consultation and Interprofessional/Interdisciplinary skills

DSK – Discipline Specific Knowledge. These are the **domains of knowledge** (see WPU Student Handbook for elaboration) defined by APA Standards of Accreditation (SoA). Minimum levels of achievement in these are required to receive your degree and ultimately practice psychology.

The ten DSK:

1. Affective Aspects of Behavior
2. Biological Aspects of Behavior
3. Cognitive Aspects of Behavior
4. Developmental Aspects of Behavior
5. Social Aspects of Behavior
6. Advanced Integrative Knowledge of Basic Discipline-Specific Content Areas
7. History and Systems of Psychology
8. Research Methods
9. Statistical Analysis
10. Psychometrics

SoA – Standards of Accreditation. These are the areas of knowledge and skills programs must cover to meet professional practice standards to become **accredited**.

CoA - Commission on Accreditation. This is the **group of psychologists** who judge and review programs seeking accreditation.

General Introduction to Practicum and Internship

General Information: Practicum (also sometimes called ‘Externship’) is the name for the part of your graduate training in years 2, 3, and 4, at sites in the community at sites external to WPU. years 2, 3, and 4. The primary purpose of practicum is to gain clinical experience. Over the course of the Psy.D. program, students are expected to complete a minimum of 1,800 semester hours of practica that are supervised by a doctoral-level licensed clinical psychologist. All students must enroll in the corresponding Practicum courses (I – VI) to supplement external practicum training. These advanced clinical experiences begin in the fall of the second year and continue until the end of the fourth year. Students may also complete practica in the fifth year (and beyond) if they do not apply or match for the doctoral internship. Practica are designed to assist students in achieving competence as future psychologists in the practice of psychology and to provide preparation for the required doctoral clinical internship. The emphasis is on the *quality* of clinical experience and supervision, though a minimum of 400 intervention hours and 100 assessment hours are required in order to be eligible to apply for internship in the fourth year, as are completion of 5 integrated psychological reports. To set you up to meet this requirement, by end of year 3 (meaning June 30 of your third year), you must in your 2nd practicum complete a practicum focused on or at least with a major rotation/component in assessment, even if you are dedicated to treatment, and vice versa if you are dedicated to assessment by the end of year 3. By the end of year 3, you must also have administered at least 2 personality measures, intellectual tests, cognitive tests, and/or neuropsychological tests.

Practicum Guidelines

Hours: The maximum hours by program year for practicum are as follows: Years 2 and 3: No more than 16 hours per week. Year 4+: No more than 20 hours per week. It is recommended that students spend a minimum of 600 hours in practicum during a 10- to 12-month period, with 300 hours in service-related activities, defined as treatment/intervention, assessment, interviews, report-writing, case presentations, and consultations. One-hundred fifty of these hours must be in face-to-face client contact. In addition, students must receive supervision for 25% or more of their service-related hours. Seventy-five percent of this supervision must be individual supervision by a licensed psychologist. For example, if a student completes 150 service-related hours in one semester, then that student would also receive 38 hours of supervision that semester. Students also receive weekly secondary supervision through active participation in the faculty-directed Practicum course, and students may count up to 3 hours per week in support activities from this course toward hour totals on the AAPI.

Observation: Each student must be *directly observed* by his or her primary practicum supervisor *at least once per semester*. To meet this observation requirement, students may have their sessions videotaped or audiotaped; may be viewed through a one-way mirror during a live session by their supervisor; or may have their supervisor sit in on a session. The direct observation should be reviewed in an individual supervision meeting within three weeks of the observation.

Time Period: Practicum hours for each year must be completed within a period not to exceed 12

consecutive months. Students may start at their practicum as early as July 1 the summer before their practicum course begins (assuming that this is desired by the student and practicum site). Students who begin practicum in the summer must notify the PD of June 1. They must also participate in secondary supervision with the PD until the corresponding Practicum course begins in the fall semester. If students extend their practicum training beyond the last day of the spring term, they will receive an incomplete in the associated practicum course (Practicum II, IV, or VI). After the practicum training in the associated practicum course has been completed and all paperwork for the practicum experience has been submitted, the incomplete will be converted to a grade. No additional malpractice insurance is required for early start or extending practicum past the end of spring semester. Hours accrued after the end of the spring semester can be counted toward the hour totals on the AAPI. (Please see the Cheat sheet for Practica that Extend into the Summer at the end of this handbook.)

Approval by DCT: Students must have the approval of the DCT prior to applying to and accepting a placement each year. All students are required to carefully follow the application guidelines established by the NYNJADOT. The guidelines can be found on the homepage of the index of externship opportunities, which is now sponsored by the American Psychological Association (APA): <https://psychpracticum.apa.org/>

*Please be aware that these guidelines are intermittently modified, and when this occurs the new information will be distributed to you by the DCT. However, it is **your responsibility** to be familiar with the current set of guidelines for each application cycle. An update is expected each Spring or Summer.*

Second-Year Project: As documented in the WPU PsyD Student Handbook, Psy.D. students are required to submit a second-year project, which is either: 1) a written clinical case conceptualization; or 2) a clinically-relevant empirical research project. If you choose a written clinical case conceptualization, your practicum will serve as the place for you to identify a client who will be the basis of your case conceptualization. If you choose this route, you should ideally start identifying possible clients to use for your case conceptualization *as early as possible* on your practicum. Any notes you take on your sessions with the client, as well as worksheets or assessments you administer will be essential for creating a quality case conceptualization about your client. We encourage you to administer at least one standardized assessment, such as the Brief Symptom Inventory, several times across your intervention. This means you should have your eventual second-year project in mind when you begin working with your first clients. You will need to obtain permission from your practicum supervisor if you would like to administer assessments and/or you intend to use a practicum case as the subject of this project.

APPIC: APPIC stands for the Association of Psychology Postdoctoral and Internship Centers. This is the governing body which oversees a majority of the psychology internship and postdoctoral positions in the US and Canada. When you apply to internships, you will use APPIC's application, the AAPI and the NMS, national matching service, to procure an internship placement. This means that it is very important for you to read the APPIC application information carefully before you start externship to see what type of practicum activities you will be expected to have participated in when you eventually apply for your internship. APPIC does not currently accredit or supervise externship sites.

Doctoral Internship: Typically, students will prepare an application for the doctoral internship using the AAPI through APPIC during the summer and fall of the 4th year (see below). In order to apply for internship, students must obtain a letter of readiness from the Director of Clinical Training and Graduate Program Director. To qualify for this letter, students must have passed the Comprehensive Exam, Dissertation I, and Dissertation Proposal before September 1st of their 4th year.

Clinical Training at WPU: A Generalist Model

At WPU, our curriculum is designed to train a generalist psychologist. Accordingly, we value and provide broad and general preparation for the independent practice of health services psychology at the entry level, and do not have concentrations or tracks in specific areas. However, we also know that some students enter the program with the intention of specializing in the highly competitive fields of Child/Adolescent Psychology or Neuropsychology. These types of specialization require specific didactic training and supplemental clinical experiences. Didactic training typically requires additional coursework, which is not available in the existing curriculum at WPU. Supplemental clinical experiences will commonly require you to spend an extra year in training. Examples of suggested activities to specialize in Neuropsychology or Child/Adolescent Psychology follow. This is not an exhaustive list nor does it guarantee you will be competitive in these highly competitive fields. Students interested in specializing are encouraged to acculturate into these worlds by joining organizations and professional associations dedicated to promoting basic and applied knowledge in these areas and to find mentors inside and outside of the WPU Program to guide them in their professional development.

Suggested Training Elements for a Student Interested in Neuropsychology

1. One clinical practicum that includes at least some therapy training beyond cognitive rehabilitation for the accrual of intervention hours
2. At least 2 year-long neuropsychology-focused practica, preferably with board-certified neuropsychologists
3. Participation in brain sciences research (basic or applied) or neuropsychological assessment research, culminating in a dissertation project that has a neuropsychology dimension or focus
4. Completion of a functional neuroanatomy course, such as that provided on-line by the National Academy of Neuropsychology, Inc.
5. The hour requirements for internship readiness are different than the hours required for non-neuropsychology-focused doctoral internships. The focus should be on accrual of assessment experiences as detailed above.

Suggested Training Elements for a Student Interested in Child/Adolescent Psychology

At least 2 clinical practica focused on serving youth that provide for the following:

1. Individual therapy with children

2. Clinical experience with preschool-aged children, elementary-school aged children or adolescents depending on sub-specialty of interest
3. Treatment sessions with families or parents in a hospital, community mental health or school setting
4. Completion of assessments:
 1. > 5 WISC's or WPPSI's (Kaufman or Woodcock-Johnson Cognitive Assessments may be substituted)
 2. One adaptive measure (ABAS-3, Vineland-3)
 3. >3 Personality Assessment (i.e. Rorschach, MMPI-A, PAI-A)
 4. One integrated psychological report based on a child/adolescent (0 – 17 years) that also includes general and/or specific symptom measures (i.e., BASC-3, CBCL, YSR, RCMAS, CDI-2)

FAQs About Practica

General Information

1. What is the difference between an externship and a practicum?

Nothing – these terms are interchangeable. Practica is the plural of practicum.

2. What is NYNJADOT? What is PENDELDOT

This is the regional association of NY and NJ Association of Directors of Training (NYNJADOT) involved with overseeing clinical training of graduate students. It typically includes Directors of Clinical Training from clinical psychology doctoral programs. NYNJADOT meets twice annually to review policy and procedures, and improve students' training experiences in NY and NJ. Members of NYNJADOT also meet twice annually with practicum and internship site directors in NY and NJ to further monitor training of psychology doctoral students. Similarly, PENDELDOT is organized by directors of clinical training to support doctoral-level psychology practicum training in the Pennsylvania, Delaware, and New Jersey area. NYNJADOT and PENDELDOT will work together through uniform application, selection, and other procedures, as well as to facilitate communication and collaboration between students, training sites, and academic programs.

3. What is the NYNJADOT Portal?

Historically, the NYNJADOT PsychPracticum Portal (APA-hosted) listed practicum sites and accepted application uploads.

However, many major training sites now participate in the NMS Extern Match, which has replaced the portal-based upload system for participating sites. Students may still use the NYNJADOT Portal to view site descriptions, but:

- Application submission, interview scheduling, and ranking occur in the NMS Extern Match Portal for sites participating in the match: <https://natmatch.com/extern>
- Some sites not participating in the Match may still receive applications by email or through the NYNJADOT Portal, depending on their individual policy.

Always check each site's listing for their specific application instructions.

4. What materials do I need to send in with my application?

Requirements vary by site, but most NMS Match sites request the following:

Required for nearly all applications:

- Cover letter (include the days you are available and unavailable)
- Curriculum Vitae (CV) — must include DCT email: diamondb@wpunj.edu
- DCT Readiness / Verification Letter (provided by mid-January)

Common supplemental materials:

- Writing sample (e.g., case conceptualization or intake)
- Assessment report (if required by the site)
- Graduate transcript (usually unofficial)

Notes:

- Many first-year students will not have a testing report; these students should avoid sites requiring one.
- Letters of recommendation are site-dependent; some sites require none, while others request one or two.
- Students should provide recommenders at least two weeks' notice.
- After your first practicum, it is recommended to obtain one letter from a practicum supervisor and one from program faculty.

Students receive guidance on preparing materials in Introduction to Clinical Practice and from their program mentors. All materials should be polished and proofread before being submitted to the DCT.

5. I am seeing that many sites on the Portal state they will only take 3rd years and beyond. If I am a first year, should I still apply?

If a site specifies more advanced students, they are probably looking for specific assessment or intervention experiences that are uncommon for first years. In addition, with a limited number of sites to apply to, it most likely does not make sense to expend an application to a site with a low likelihood of acceptance. Rather, it would be better to identify sites in your first year that may prepare you for this advanced opportunity.

6. What types of sites should I prioritize as a first-year applicant to externship?

First-year students should expect to be flexible and prioritize solid foundational training, even if the site is not your ideal setting. Appropriate first-year placements include:

- Community mental health centers
- College counseling centers
- Outpatient clinics
- Group or private practices with structured supervision
- Hospital outpatient programs that accept beginners

Avoid sites that require prior testing experience or advanced competencies.

You are encouraged to apply to at least one or two sites where WPU students have previously trained, as these sites have demonstrated strong supervision and training alignment with program

expectations.

Is there still a "second wave" of applications?

The traditional “second wave” described in older NYNJADOT Portal procedures does not function the same way under the NMS Match.

Under NMS:

- Students submit applications during the initial application window.
- Interviews occur according to the NMS schedule.
- If you receive three or fewer interview invitations, consult your DCT; targeted additional applications may be advisable.

Post-Match opportunities open after Match Day through the Post-Match Process, not through a second wave.

7. How do I apply to a site?

If the site participates in the NMS Extern Match, you will apply through the NMS Portal and follow their instructions for uploading materials and scheduling interviews.

For non-Match sites, application instructions vary. They may request:

- Upload through the NYNJADOT Portal
- Email submission
- Direct upload through their institutional portal

Always follow the site’s stated instructions carefully.

Unless otherwise noted, application materials should be uploaded as one combined PDF.

8. What is the difference between sites not listed on the Portal and those that are listed?

- Sites listed and participating in the NMS Extern Match must follow standardized Match timelines and procedures.
- Sites listed on the NYNJADOT Portal but not in the Match may follow some NYNJADOT guidelines but can set their own procedures.
- Sites not listed anywhere may have completely independent application processes.

All three categories can offer quality training experiences.

9. Should I prioritize applying for a site listed on the Portal compared to sites not listed?

Both can be appropriate. However, many high-quality NY/NJ sites now participate in the NMS Match, and students are encouraged to participate fully in the match whenever possible.

- The best approach is to balance:
- Your training needs
- Site requirements
- Competitiveness and fit
- Geographic and scheduling considerations
- Sites with a history of accepting WPU students

10. Will I be disadvantaged in future years if I do not apply for a site listed on the Portal?

No. Students have successfully completed practica at both Match and non-Match sites. Your overall training record, not the application system you used, matters most. However, please note the discussion under question 9 above. However, please note the discussion under question 9 above.

11. Is there such a thing as an APA or APPIC accredited practicum?

No. Practicum placements themselves are not accredited.

However, high-quality practica follow best-practice guidelines from:

- NYNJADOT / PENDELDOT
- ASPPB (Association of State and Provincial Psychology Boards)

Our program aligns practicum requirements with these guidelines to ensure strong preparation for internship and licensure.

12. Can I reject a practicum site in the hopes I will receive something better after the match has started or in the clearinghouse?

We strongly advise students not to reject offers and choose to enter a clearinghouse in hopes of something better. Most practicum slots are taken by the end of the first day of the match. The only exception to rejecting all offers and entering the clearinghouse is if your mentor or a member of the core faculty has agreed to work with you directly to help you secure another placement. If a student would like to work with a member of the core faculty to secure a placement in the clearinghouse, the student must submit, in writing, the faculty who has agreed to assist, signed by both student and faculty.

13. How many interview offers should I anticipate?

Sites vary considerably in how they approach the interview process. While your chances of match increase as the number of interview offers increase, if you receive a few interview offers, you also have a strong chance of matching on the first day practicum offers are released. You will also have a chance to apply to more sites later in the process if you have received 3 or fewer interview offers. Please also be advised that as you become more focused in your interests, you may receive only a few interview offers, but these sites may be very interested in you. Though it is difficult, please try to avoid comparing your “stats” to your peers. In the history of the program, every student has matched at a practicum.

The Application Process

Do I have to follow NMS Externship Match guidelines for applying, interviewing, accepting, or declining offers?

Yes. If you are applying to a site that participates in the NMS Externship Match, you must follow all Match policies and timelines for applications, interviews, ranking, and acceptance of offers. Failure to follow Match procedures may jeopardize the program’s standing with participating sites and our regional training networks. Even if a site appears flexible with deadlines or policies, you must adhere to NMS rules as a representative of the program.

Do I have to follow these guidelines with sites that are not in the Match?

No. Sites that do not participate in the NMS Extern Match may follow their own independent application timelines. However, applying to non-Match sites can create timing challenges.

These sites may extend offers earlier than Match sites. If this happens:

- You should politely inform the site director that you are also applying through Match-participating sites.
- Some non-Match sites may allow you to wait until after Match Day to decide.

- Others may require a decision before the Match occurs.

If you accept an offer from a non-Match site:

- You must immediately withdraw all of your NMS Match applications.
- Once you commit to a site—Match or non-Match—you are ethically and professionally bound to that placement.

Because timing varies, these decisions can be difficult. Consult the DCT promptly if you receive an early offer.

Can I send a thank you note to a site after an interview?

No. Under current externship procedures, students may not send thank-you notes after practicum interviews. This ensures fairness and reduces pressure on both students and sites.

Practicum Hours

How many hours/week can I spend per week at my practicum site?

This depends on your year in the Psy.D. program. The stepped limits are meant to protect your time for coursework, graduate assistantships, and other activities as you advance through the program. For the guidelines for 2025-2026 training, the hours are as follows:

Second-year students: Limit of 16 hours/week at externship (2 days)

Third-year students: Limit of 16 hours/week at externship (2 days)

Fourth-year and beyond: Limit of 20 hours/week at externship (2-3 days)

Note: Commuting and travel time is not included in these hours.

How many total practicum hours do I need?

The program is designed for you to complete a minimum of 600 hours per year, starting in the second year of training. Most students complete 1500-1800 hours prior to applying for doctoral internship, which is equivalent to one-year, full time. Time2Track will compare the hours you accrued to the minimum and maximum number of hours of those who participated in NMS using the AAPI. These numbers are a guide, and it is important to remember that **quality** is more important than **quantity**. If you seek more hours than the minimum, be deliberate about your training goals and seek opportunities that will enhance specific skills or fill specific gaps in your training. Logging extra practicum hours just for the sake of ‘upping your numbers’ probably won’t be worthwhile. However, in order to be eligible to apply for internship, you must have accrued 100 assessment hours and 400 intervention hours (see exception above for neuropsychology). You must also have a minimum of 5 integrated psychological reports on the patient population you seek to serve on internship (I.e. adults or children). **This means that you will need to complete at least one practicum focused on or at least with a major rotation/component in assessment, even if you are dedicated to treatment, and vice versa if you are dedicated to assessment by the end of year 3.**

What if I want to accrue more practicum hours?

It is acceptable to accrue more than the minimum number of hours per year, but this must be done according to several guidelines. *Additionally, please see the Cheat sheet for Additional Practica and Practica that Extend into the Summer at the end of this handbook.*

1. We strongly recommend that you do not exceed the weekly threshold for your year of training.
2. You are covered by the university's malpractice insurance continuously, starting July 1 of the first year of practicum. However, if you wish to pursue additional practica experience outside of the required practicum training, then you must obtain your own malpractice insurance. That is, university malpractice *only* provides coverage from practicum required in partial fulfillment of the Psy.D. degree and for which secondary supervision is provided in an associated Practicum course or summer oversight as described in the Student Practicum Agreement (SEE APPENDIX 2) . There is also an additional agreement you must sign if you pursue additional practica experience, titled the Supplemental Supervised Clinical Training Experience Agreement (SEE APPENDIX 3).
3. You may start at your practicum site as early as July 1, assuming the site expects you to start by this date and you want you to be there that early. All students must sign the Student Practicum Agreement before starting any practicum. There must also be a signed Affiliation Agreement between the university and site before you begin. Therefore, if you know that you will be starting at your practicum site before the start of the corresponding Practicum course, let the DCT and Program Director know as soon as possible so there are no delays in getting the necessary agreements formalized.

What if I have to miss some hours at my externship, for example for religious holidays or internship interviews?

To some extent, this depends on your status at your site. You might be considered a trainee and held to the policies of your graduate program, or you might be considered a temporary employee and held to the policies of the site. Regardless, you must inform your supervisor well ahead of time if you expect to miss days, and work diligently with her/him to find a solution. Some sites have the same expectation of two weeks' off, just like with their full time employees, which means that you will have to plan missed days very carefully. *Do not miss days without informing your supervisor.*

How do telehealth services provided during COVID-19 global pandemic count?

In light of changes to service provision with the COVID-19 global pandemic, APPIC provided 2 new categories to categorize telephone-based intervention and assessment activities provided on or after 3/2/20 on externship. These new categories will be included on the AAPI.

Videoconference-based telehealth activities continue to count as [face-to-face] assessment and intervention hours. Details are here:

https://www.appic.org/Portals/0/downloads/AAPI_TelementalModification_032420.pdf

Supervision

How much supervision do I need and from whom?

The Association of State and Provincial Psychology Boards (ASPPB) recommends one hour of supervision for every four hours of service-related activities (defined as, defined as treatment/intervention, assessment, interviews, report-writing, case presentations, and consultations) (1:4). Three-quarters of this supervision must be provided by a licensed clinical psychologist with either a PhD or Psy.D. (i.e., Supervision by psychiatrists, social workers, LPC's, etc. does not count towards these supervision hours though allied mental health professionals may provide some supervision if they are supervised by a licensed Psychologist.) If you have more than 4 hours of service-related activity per week, one hour of individual supervision per week is acceptable as long as there is also at least one hour of group supervision on a weekly basis, as well as opportunities for informal supervision (e.g., check-ins, supervisory phone calls) as needed and to equal the 1:4 ratio.

You must also be observed directly once per semester. Direct observation means that your supervisor sits in on a session with you in person, carefully reviews an entire videotaped or audiotaped session with you, or observes an entire session through a one-way mirror. The date of direct supervision must be recorded and reported on the site supervisor's evaluation of you. A discussion of the session must take place between you and your supervisor within three weeks of the direct observation date.

ASPPB also states that one quarter of your total individual supervision hours can be provided by a postdoctoral level psychologist; this means one hour for every sixteen hours of service-related activities.

It is always your responsibility to ensure that you are receiving the appropriate amount of supervision at your site. If there are any problems, you must tell your site supervisor and Practicum course instructor at WPU as soon as possible.

Other than assessment and psychotherapy, what are the activities of a practicum?

Externships are expected to provide didactic training such as workshops, seminars, etc. It is also expected that you will participate in treatment team meetings, drop-ins, working lunches, or other informal forms of supervision, consultation, and any other opportunities that are available to help you develop professionally. You might be invited to give a presentation on a case or a therapeutic technique at your practicum site. We expect that you will accept all such invitations, which can then be listed on your CV under "Clinical Experience" or "Presentations" or a similar heading.

Is telesupervision allowed?

- *Practica:* According to the APA CoA telesupervision may not account for more than 50% of the total supervision at a given practicum site. Ultimately, whether telesupervision hours will count towards supervision requirements for licensure is at the discretion of the jurisdiction. Advanced students are advised to consult the regulations of the state where they will seek licensure to understand any modifications to supervision requirements for licensure in light of COVID-19-related service changes. It's also important to continually look at any APA CoA updates as changes can occur at any time.

How many clients should I see during practicum?

The ASPPB recommends 25% face-to-face hours of total practicum hours, in either assessment or intervention. Per year, this is about 150 hours (600 total hours divided by 4). To reach this number, you should aim for seeing 4 clients per week. However, remember that many clients cancel or reschedule their appointments so you are advised to schedule 5-8 clients per week with an expectation that only some will attend. Groups can be included in this estimate, however you must be experienced in both individual and group formats of psychotherapy.

How many hours do I need to be competitive for an internship?

Although ASPPB recommends a minimum of 450 hours in face-to-face contact over 3 years, according to recent statistics gathered by the Association of Psychology Postdoctoral and Internship Centers (APPIC), this puts students on the low end of hours accrual among those who matched. We want students to be closer to the median in terms of hour accrual and distribution, and in fact now require students accrue 400 intervention hours and 100 assessment hours to apply to internship. In past years, median intervention hours among applicants was 609 hours. The median assessment hours among applicants was 175. This is roughly 75% more than the recommended minimum. After accruing the median number of hours, it seems that accruing more hours in intervention work has a minimal payoff. Where more hours really do not seem to matter is in assessment. Integrated psychological batteries, however, are a must. Students who matched completed 6-7. You are encouraged to review the statistics yourself and interpret and use your interpretation to inform your training plan early in your schooling. See

<https://www.appic.org/Internships/Match/Match-Statistics>

In the table below, we compare minimum acceptable hours to apply to internship and program recommendations. These data are based on the aforementioned APPIC statistics as well as our experiences with students in the internships match process over the past few years. These hours are provided as a guide for you to reference as you move through the program and are for those pursuing a generalist internship. **You are encouraged to compare your accrual of hours early and often to these recommended totals so you may choose externship positions wisely and augment your clinical training with additional experiences as needed. Also, please remember only hours accrued prior to November 1 of the application year count on the internship application.**

	Minimum Hours/Experiences for Internship Application	Recommended Hours/Experiences for Internship Application
Intervention Hours	400	500+
Assessment Hours	100	125+
Integrated Psychological Reports	5	6-7+

What if I apply for an internship without the recommended number of hours?

Applying to an internship with fewer hours than those recommended may make you a less competitive applicant for an internship position. Failure to be close to the minimum hours required by the program by November 1 of your desired application year, in assessment, intervention, and/or the number of integrated psychological reports may preclude the internship readiness letter from being provided by the DCT. We require these hours because sites expect interns to be versed in the practice of health psychology. Failure to accrue sufficient experiences in intervention, assessment and report writing immediately puts you at risk for failing to match. Long term, it provides insufficient foundation for successful completion of internship and ethical entry-level practice.

What are considered face-to-face hours?

A face-to-face hour is any clinical activity where you are working directly with a client. This includes individual and group therapy, intakes, assessments, client consultation, as well as other activities. It does not include things like scoring assessment reports, writing up intakes, reviewing records, consulting with professionals in other disciplines, or supervision, since these are not done directly with the client. Telehealth is now a category on the AAPI, meaning the hours are accounted for on internship applications.

How many assessments should I complete during practicum?

That depends on your goals. If you have a specific externship or internship that you know you want to apply to later on, it is important to research what type of experiences that site requires from applicants. For example, many advanced externship sites require you to submit an integrated testing report with your application. Many internship sites require this as well, in addition to having a minimum number of assessment hours needed to apply.

What happens if my client ‘no shows’? Does this count against me?

Unfortunately, you cannot count cancelled or missed sessions toward your face-to-face clinical hours.

Can I count my hours in my corresponding Practicum course at WPU (Practicum I, II, III, etc.) as practicum hours, and how do I label them?

Yes. You may count up to 3 hours per week of your Practicum course towards your clinical hours. You should label them as a custom activity in Time2track under the “support” category. The activity should be labeled “Other support activity.” The supervisor for those hours should be whoever is teaching your practicum course. The site for those hours should be “WPU Psy.D. program.”

What is Time2Track?

This is a software application designed to help you keep track of your hours. We strongly recommend you use Time2Track for logging your practicum hours. Students are expected to pay out of pocket for this application (*yearly cost is about \$72-it can be cheaper if you purchase multiple years at once or more expensive if you pay monthly*). Please remember that this system is something that only you access, and should be used for internal record-keeping. Time2Track is not publicly shared, although you will be able to migrate hours to the AAPI when you apply for internship. It is simply a way to make it easier for you to complete the required paperwork for applications for internship and licensure. This handbook contains a section on how to sign up for Time2track in a later section. You will need an **INDIVIDUAL** account not a **GROUP ACCOUNT**.

Do I have to repeat the criminal background checks for all sites?

You only need to repeat the criminal background check for those sites that request your *current* information. Per the student agreement you sign with WPU, you are responsible for onboarding costs to complete criminal background checks at practica sites. Please ask about onboarding procedures during your interview and immediately when you match.

Do practicum sites require drug testing?

At this point, only certain sites require drug testing in addition to a criminal background check. However, it has been noted that major medical centers are starting to implement drug testing for all employees and trainees. Please note that these initial onboarding costs can be high (up to \$200 and you may want to ask about this at the interview). Per the student agreement you sign with WPU, you are responsible for onboarding costs to complete drug testing, etc. at practica sites.

Additional Information

Below is a link to the most recently reported results from the 2025 APPIC Match Statistics
<https://www.appic.org/Internships/Match/Match-Statistics/Match-Statistics-2025-Combined>

PRACTICUM HOURS:

Median doctoral hours (excludes Terminal Masters' hours) reported by 2018 applicants from the 2019 APPIC Match:

Doctoral Intervention: Median = 609 (vs. 598 in 2017)

Doctoral Assessment: Median = 175 (vs. 178 in 2017)

APPIC recommends that applicants interpret these numbers cautiously. They do not include questions about these hours in their recent surveys. <https://www.appic.org/Internships/Match/Match-Statistics/Applicant-Survey-2021-Part-1>

Applicants should **NOT** assume that the numbers of practicum hours reported are necessary to successfully obtain an internship, as many Internship Training Directors have told us that they consider these raw numbers to be one of the less important aspects of an application.

Should I assume I will be highly competitive for an internship if I complete an externship at the same site?

Some sites seem to really value having interns who have completed externships at their site. Others do not seem to look as favorably upon prior externs applying for internship. Regardless, you will still need to go through the formal application process for the internship, and you should consult with the site and DCT if this is your preference.

Externship Guidelines

NORTHEASTERN REGIONAL EXTERNSHIP MATCH

(EXTERN MATCH) GUIDELINES

NMS: 800-461-6322

Support Team extern@natmatch.com

The Northeastern Regional Externship Match (Extern Match) is an application service and matching program that provides an orderly process to help applicants obtain externship positions of their choice, and to help externship sites obtain applicants of their choice.

- *The following policies will guide the 2026 Extern Match for positions beginning in 2026.*
- *NYNJADOT and PENDELDOT are responsible for the rules, procedures, and ensuring the overall conduct of the Extern Match.*
- *NYNJADOT and PENDELDOT, at their sole discretion, may make changes to these Guidelines and the Schedule of Dates in unusual, unforeseen, and/or emergency circumstance*
- *The Extern Match Portal and related support services are provided by National Matching Services Inc. (NMS) on behalf of NYNJADOT and PENDELDOT.*

SCHEDULE OF DATES

The full Schedule of Dates that govern activities in the Extern Match are available on the Extern Match website at: <https://natmatch.com/extern/schedule.html>. Key dates are below:

Site Registration Opens	November 3, 2025
Recommended Program Registration and Profile Completion Date	November 24, 2025
Applicant Registration Open	December 1, 2025
Application Deadline	January 23, 2026
Interview Invitations Open	January 26, 2026
Rankings Open	March 2, 2026

Interview Invitations End	March 9, 2026
Final Day for Interviews	March 17, 2026
Rank Order List Deadline	March 24, 2026
Match Results Day	March 31, 2026
Post-Match Offer Day	April 14, 2026

ELIGIBILITY

1. **REGISTRATION FOR THE EXTERN MATCH PROCESS IS OPEN TO DOCTORAL STUDENTS IN NYNJADOT AND PENDELDOT-MEMBER DOCTORAL PROGRAMS, APA ACCREDITED PROGRAMS AND PCSAS ACCREDITED PROGRAMS.**
 - a. **ONLY STUDENTS FROM THESE PROGRAMS MAY PARTICIPATE IN THE EXTERN MATCH.**
 - b. **PRIOR TO COMPLETION OF THE MATCH. STUDENTS FROM THESE PROGRAMS MAY ONLY APPLY TO SITES THROUGH THE EXTERN MATCH PORTAL.**
2. **All externship sites and doctoral students participating in the Extern Match are expected to adhere to these minimally acceptable standards for externship:**
 - a. **16 hrs/ week – in no more than two days (if modified, permission of Program Director/DCT required). The Extern Match Portal Profile listing for each site must state whether the student will be delivering services in-person, via telehealth, and/or a combination of the two.**
 - b. **Direct observation at least once during each semester (APA’s Implementing Regulation C-14- D (IR C-14-D)).**
 - c. **Live supervision in the form of at least one hour of face to face, individual one-on-one dyadic supervision per week by a doctoral level psychologist and another hour of “other” types of supervision. Programs may require oversight of supervision by a licensed psychologist. Sites inform students in their Extern Match Portal Profile about the supervision they offer to students. Supervision may be offered virtually, as needed, due to safety or health reasons. The Extern Match Portal Profile for each site must state whether they will be providing supervision in-person or via tele-supervision.**
 - d. **Externship must have a stated didactic component to the training – specifics are not mandated.**

GENERAL INFORMATION:

1. **All sites participating in the Extern Match must use the Extern Match Portal to accept applications and schedule interviews.**
2. **The Extern Match will open for sites on the Site Registration Open date. Registration**

emails will be sent to training sites that include a unique link to register the site for the Extern Match. All sites wishing to participate in the Extern Match must register and complete their Extern Match Portal Profile as soon as possible so that the site's information can be added to the Externship Site Directory before students start working on their applications. The Extern Match Portal will open to students to prepare and submit applications on the Applicant Registration Open date. The URL for the Extern Match website is: <https://natmatch.com/extern/>

3. Students can prepare their application material and submit applications from the Applicant Registration Open date until the Application Deadline date.
4. All applications submitted by students will include basic contact information, a CV, cover letter, and DCT verification letter. If externship sites want additional documentation, they must specify the type of documents they want students to upload in their Extern Match Portal Profile. Additional documents might include: assessment report or case summary, letters of recommendation, unofficial transcript, etc.
5. Externship sites will have access to student applications in the Extern Match Portal as soon as they are submitted. Students can access the Extern Match Portal to ensure their applications have been submitted to the sites to which they applied.
6. Externship sites can begin sending interview invitations to students using the Extern Match Portal on the Interview Invitations Open date. Interview scheduling must be finalized by the Interview Invitations End date, and all interviews must be completed by the Final Day for Interviews.
7. Sites need to post in their Extern Match Portal Profile whether interviews will be in-person, remote, or some combination of the two. Sites are strongly encouraged to engage in equitable and fair decision-making regarding students who choose the remote option, should this be available.
8. Students and sites may begin to enter their Rank Order Lists on the Rankings Open date. The ranking occurs within the Extern Match Portal. There is no other way to submit rankings. Students and sites must use the Extern Match Portal to enter and certify their Rank Order Lists no later than the Rank Order List deadline date. Rank Order Lists can be changed even after they are certified, until the Rank Order List Deadline date. Results of the matching process will be released on Match Results Day.
9. After the results of the matching process are released on Match Results Day, the Post-Match Process will begin. Students should check the Extern Match Portal for information about open/available sites. Sites will be able to remove themselves from the Post-Match Process when they have filled all their positions. When sites are removed from the Post-Match Process, they will be removed from the list of available positions and closed for applications so as to inform the remaining applicants that they are no longer being considered.
10. Post-Match offers will begin on Post-Match Offer Day. There is no ranking process used

in the Post-Match process. If a site wishes to offer an externship to a student in the Post-Match Process, they should send an email to the student, cc'd to the student's DCT, to offer the position directly.

11. Any and all questions related to the Extern Match process (including tech support) should be directed to the following email address: extern@natmatch.com.
12. There is a joint committee of NYNJADOT and PENDELDOT that will hear complaints or concerns related to the Extern Match. To convene this committee, please reach out to David Brandwein at dbrandwe@kean.edu or Jim Haugh at haugh@rowan.edu.

STUDENTS:

Students must use the Extern Match Portal to register to participate in the Extern Match, submit applications, schedule interviews, enter and certify a Rank Order List, and obtain an Extern Match result. The student's DCT will have access to information about the student's participation in the Extern Match, including applications, interviews, rankings, and result.

1. Students must pay \$100 USD to register to participate in the Extern Match. All students wishing to obtain an externship must register for the match every year and pay the associated fee annually. All efforts will be made to hold the fee constant, year-to-year; however, there may be small increases.
2. Students should include the person at the University in charge of student externship placements (traditionally, the DCT or ADCT) name, email address and phone numbers on their CVs.
3. It is advisable for students to indicate in the application cover letters the days of the week that they are available for externship and the day/s that they are not able to attend.
4. Interview offers to applicants will be made by sites through the Extern Match Portal. Students will receive interview invitations by email sent by the Extern Match Portal and can also log into the Portal to view all interview offers that sites have sent to them. Applicants can schedule interviews using the links provided in the interview invitation emails or directly through the Portal.
5. As early as possible in the semester, students should make requests via the Extern Match Portal for letters of recommendation from their faculty or others. The letters will be uploaded to the Extern Match Portal directly by the recommender.
6. No Thank You Notes: Students are not to send "Thank you" notes to their interviewers or to other professionals at the externship site.
7. The Extern Match registration fee includes credits to send applications

to twelve (12) externship sites. Additional credits can be purchased for \$15 USD per credit. Sites will not accept applications prior to the Match that are not submitted through the Extern Match Portal.

8. Students applying for PRE-DOCTORAL INTERNSHIP (through the APPIC Match or otherwise) MUST ATTEST, in the cover letters of their externship application, that they are applying for internship concurrent with the application for externship. These students must receive their DCT's approval to apply for externship concurrent with internship. Externship sites should state their position about such applications on their Extern Match Portal site.
9. The Extern Match is open only to NYNJADOT/PENDELDOT member schools, through the end of the Post-Match Process. Any sites with unfilled slots after the end of the Post-Match Process can offer slots to students from non-member programs directly. Similarly, unmatched students may accept externships outside of the Extern Match once the Post-Match Process ends.
10. Students are responsible for asking externship sites how supervision will be provided and how that corresponds to local laws for licensing psychologists.

EXTERNSHIP SITES:

All applications will be received via the Extern Match

Portal. All interview offers must be made via the Extern Match Portal. A Rank Order List must be entered and certified by the Rank Order List deadline for each track being offered by the site in the Extern Match. Rank Order Lists can be changed even after they are certified, until the Rank Order List Deadline date.

1. Every site MUST designate one person, usually the Training Director, who will serve as the primary contact person for the site in the Extern Match Portal. The Extern Match registration process should be completed by the site's primary contact. Once registered, the primary contact can set up secondary user accounts for externship site staff to manage the site's information in the Extern Match Portal.
2. Externship sites must complete their Extern Match Portal Profile information as soon as possible after registration. This information will be used to create the public Directory of participating sites, which will be available to students on the Extern Match website (natmatch.com/extern). This information must include required dates and times (if any) for students to be at the training site.
3. It is recommended that externship sites provide information in their Extern Match Portal Profile as to whether attending the externship will reduce, increase, or have no impact on the students' chances of attending that site's internship. For example, some sites may accept students for internship who have externed at their site and others do not. Some will

accept a student if there is a one-year gap between the externship and internship experiences; some will accept without a gap year. It is recommended that the externship site make their policy transparent.

4. Externship sites should state, on their Extern Match Portal Profile, whether the site is willing to interview students who are concurrently applying for internship. Interview offers made to students using the Extern Match Portal will be available to the student's DCT in the Extern Match Portal.
5. Externship sites are strongly encouraged to post their interviewing time frame. If sites will be conducting pre-interviews (i.e., brief screening interview prior to a more in-depth interview), they must clearly state this on their Extern Match Portal Profile and adhere to the dates for interview in these guidelines.
6. If sites are aware of fees they will be passing on to applicants for on-boarding of externs, they should indicate these in their Extern Match Portal Profile. Sites must also list any and all onboarding requirements on their Extern Match Portal Profile, and update their Profile if these requirements change during the process. If the sites are aware of any processes that will disqualify accepted externs during the on-boarding process, they should indicate these in their Extern Match Portal Profile (e.g., drug testing, vaccination documentation).
7. Please note that neither students accepted through the Extern Match nor their training programs will pay any administrative or training fees for acceptance to any site in the Extern Match.
8. Managing onboarding paperwork (i.e. background checks, fingerprinting, vaccinations, etc.) and/or verifying it is completed is the responsibility of each individual externship site. Program DCT's should not review students' private health information (PHI). For some sites, like VA facilities, DCT's may need to assist with the onboarding process; however, this should be the exception, not the rule. Sites are asked to begin the onboarding process no later than one month before the externship start date.
9. Sites are encouraged to start the affiliation agreement process with Universities/graduate programs as soon as possible. An existing affiliation agreement between a site and a University does not bind the site to take a student from that University.
10. If externship sites are unable to accept students from specific programs, this must be clearly stated in their Extern Match Portal Profile. Sites can limit applicant eligibility to specific doctoral programs, at their discretion.

DCTs:

DCTs can access the Extern Match Portal to see a list of their registered students, review their applications, view the sites offering them interviews, and access each student's Rank Order List and result.

1. **DCTs are encouraged to discuss students' externship site ranking list with students prior to the student submitting their Rank Order List in the Extern Match Portal.**
2. **DCTs will provide Verification Letters to their students, which the student will upload to the Extern Match Portal, that specify the number of hours and number of days/week that students can attend externship. If a student is applying for both externship and internship, this must be stated on the Verification Letter.**
3. **Students who are applying for their first or second externship are permitted to complete no more than 16 hours per week on two days of externship. Without express permission from the student's DCT, students who are applying for their third or fourth externships are permitted to complete no more than 20 hours per week on externship.**
4. **DCT's will ensure that students are complying with these guidelines.**
5. **DCT's should inform students that successful matching at an externship site is contingent on the execution of an affiliation agreement and successful completion of the onboarding process. This may be a requirement at the site and/or the university level.**

Each year, Directors of Clinical Training (DCTs) in the NY/NJ region release updated guidelines outlining the procedures, expectations, and timelines for the externship application process.

These guidelines standardize the timing of:

- Application submission
- Interview scheduling
- Offer and acceptance procedures

All participating training sites and doctoral programs in the region follow these guidelines. Therefore, WPU Psy.D. students must adhere to them as well when applying for practicum placements in the NY/NJ area.

You are required to review the updated guidelines each year before beginning your search. Guidelines are typically released in the fall. The most recent version can be found here:

<https://nynjadot.apa.org/resources/pdf/NYNJADOT%202024-25%20Guidelines.pdf>

Important Restriction for WPU Students

Due to ongoing issues regarding affiliation agreements with Northwell Health and New York's Office of Mental Health (OMH), WPU Psy.D. students may NOT apply to any Northwell Health or OMH externship sites until further notice.

This restriction applies to all Northwell Health externship placements, including:

- Lenox Hill Hospital
- Long Island Jewish Medical Center
- Zucker Hillside Hospital
- Staten Island University Hospital

OMH facilities can be found here:

https://omh.ny.gov/omhweb/aboutomh/omh_facility.html

This restriction applies to externships ONLY and does not impact internship applications.

Guidelines on Supervision and Calculating Practicum Hours

To support students in understanding supervision requirements and hour-counting rules, the Association of State and Provincial Psychology Boards (ASPPB) provides clear, concise guidance on what constitutes acceptable practicum experience for licensure purposes.

- We strongly recommend that all students review the ASPPB practicum guidelines before selecting an externship site. This document clarifies:
- What qualifies as supervised clinical experience
- What types of activities count toward practicum hour totals
- Required levels and types of supervision
- Expectations for psychological assessment and intervention training

The ASPPB guidelines are available here:

https://cdn.ymaws.com/www.asppb.net/resource/resmgr/guidelines/aug_22_resources_for_the_reg.pdf

Time2track Instructions

WPU Psy.D. students are strongly recommended to use a program called Time2track to log clinical hours. Below are simple instructions on how to sign up for a Time2track profile. We have also included several resources that teach you how to log basic clinical hours.

Basic instructions for making a Time2track profile (as of 6/1/2019 and subject to change thereafter):

1. Go to time2track.com
2. In the upper-right hand corner, click the link “sign up”
3. Enter your account information
4. On the bottom of the sign-up page, click the link that says “I do not have an authorization key.”
5. Type “William Paterson University: Clinical PsyD Program” into the program search box and select it from the dropdown. Click “Continue”
6. You should now have a Time2track profile set up. For instructions on how to begin logging hours, see the videos below.

Instructions on Time2Track by WP students

[WPU PsyD Time2Track Orientation \(2\).pptx](#)

Link to Time2track training video covering many features:

<https://www.youtube.com/watch?v=IlidNN9mZ2o>

Time2track official support webpage: <http://support.time2track.com/>

The Spring Practicum classes (II, IV and VI) are often incomplete until your final day at externship. On the last day of externship, please get a copy of the Time2Track PDF of your total hours this year for your clinical supervisor to sign. Then send the Practicum Class instructor the PDF for a program signature when you ask for your grade change. If you do not remember how to do this, please see the video on slide #16 in the Instructions PPT linked above.

You are responsible for keeping a record of your hours from all your externship training years, signed by your site supervisor and countersigned by the DCT or Practicum Instructor. We will **not** keep a copy in our files so make sure to keep your PDFs.

When you eventually apply to internship, you will send a copy of these PDFs to the DCT to aid in verification. The DCT will be aware that the hours accrued at the most recent practicum until Oct 1st will not be included in the total hours.

Case Reports

It is advisable to have a Case Report prepared before you participate in practicum interviews. The Case Report is a detailed summary, case conceptualization, and treatment plan for a case you have evaluated or treated. Typically, a Case Report can be written after the second or third therapy session. The Case Report will be most feasible for students in their second, third or fourth years of the Psy.D. program. The DCT and instructor for Introduction to Clinical Practice: Helping Professions I will provide separate guidance for the first year Psy.D. students.

We recommend that you follow the outline below in preparing the Case Report. Prior to practicum interviews, please review the Case Report and be prepared to discuss it with ease and confidence. This outline matches the outline for the Second Year Project (See the WPU PsyD Student Handbook) and is practiced in Practicum I as well as in later courses in the curriculum

Case Report/Summary Format

Note that a Case Conceptualization is the same as Case Report/Summary but it does not include information about treatment progress.

- **Introductory statement**
 - Start with a statement of research summary on prevalence and consequences of the problem.
 - Case of XX maps onto this general research review.
- **Identifying information.** Includes: age, race/ethnicity, employment/student status, educational level/professional status, gender identification, sexual orientation, marital/family status, residential status, SES.
- **Case Description**
 - **Chief complaint.** Identify the primary reason the client is seeking treatment at this time. Use the client's words. Include whether crisis, trigger event, referral, mandate.
 - **Presenting Problems.** List all problems for which client is seeking treatment from the therapist's point of view. Provide details about the treatment context and situation, stressors, strengths, and supports, and timing of help-seeking, as appropriate.
 - **Behavioral Observations.** Facial expressions, body posture, other nonverbal communication, affect, thought processes, rate of speech,

observed comfort, rapport. This information should not include the student's opinion or interpretation of behavior; it is simply a description of what is seen

Relevant history: including developmental, educational, family, medical, employment, social-cultural history.

- Developmental: any developmental delays, major milestones (motor, language, adaptive skills, social-emotional).
 - Educational: Highest school attainment, special school needs (e.g., special education, diagnosed learning disability), suspensions/expulsions, other disciplinary problems.
 - Family: history of child maltreatment or other victimization/adverse events (e.g., parental mental illness, parental substance abuse/addiction, divorce, parental incarceration, parental death); with whom client resides; quality of family relationships (e.g., mother-client, father-client, siblings- client, other major attachment figures-client).
 - Medical: past hospitalizations, acute illness, chronic illness. If illness, report frequency and severity of specific symptoms.
 - Employment: type of work, work status, include if on social security disability income.
 - Social-cultural: type and quality of social support; friendship history; any delinquency or criminal justice involvement; any child welfare involvement (e.g., foster care placement); immigrant status (if relevant), acculturation (if immigrant), traditions, norms and practices of family/community, religious affiliation/observance, etc. This is not limited to individuals identifying as ethnic or racial minority or sexual minority.
- **Case Formulation:** Describe the conceptualization of the case as it guided the treatment approach for the target problem(s). Discuss the theoretical, research, and/or sociocultural basis for the approach to treating the target problem(s). Specifically:
 - All previously presented information integrated into a coherent narrative that explains why the client is experiencing symptoms/functional difficulties.
 - Theoretically appropriate causal mechanisms (e.g., cognitive, learning, emotional, interpersonal) are explained.
 - Theory from which mechanisms are derived is explained.
 - Specific hypotheses related to the theoretical mechanisms are described.
 - Alternative hypotheses are also described.
 - DSM-5-TR Diagnostic Impressions
 - Test results/psychiatric symptoms: If assessment instruments were used, T-scores or other objective evidence of clinical significance from standardized assessments reported.
 - Symptom assessment: Be specific and comprehensive, using direct quotes sparingly and as appropriate. DSM diagnostic impressions MUST MATCH symptoms reported. Must include differential and rule/out diagnoses.

- Include functional impairment in major life domains: work/school, family, social, activities of daily living.
- **Treatment Plan and Goals/Intervention Approach:** Present the treatment plan and treatment goals, as appropriate to the therapeutic modality applied.
 - **Client stated treatment goals:** Describe relief/change client is seeking
 - **Treatment Plan:** Summary of treatment plan
 - Intervention directly follows from case conceptualization and targets causal mechanisms.
 - Intervention is not presented in the form of a list of specific techniques or disconnected from conceptual framework.
- **Course of Treatment and Monitoring of Treatment Progress:**
 - Describe specific therapeutic strategies and procedures employed.
 - Methods of monitoring or assessment should be appropriate to the therapy modality and may include the use of standardized measures at different time points of the treatment (intake, during treatment, termination), a discussion between the therapist and client regarding treatment gains, homework and goal-tracking sheets, collateral information, etc.
 - Discussion emphasizes how change observed on assessment instruments is responsive to treatment approach.
 - If applicable, this section should also include a description of how this monitoring feedback was used to revise the treatment approach. Modifications to case conceptualization and/or treatment approach should also be explained and justified.
 - Single subject research design used (if applicable, e.g., ABAB) to frame presentation of progress.
 - This section may also present confounding factors or unanticipated challenges in the therapy. These may include intrapersonal, interpersonal, or external events.
- **Treatment Outcome:** Describe the outcome of the therapy as it pertains to the client's presenting problems and treatment goals, and any follow-up data if available.
- **Discussion and Limitations:** Provide a critical analysis of the strengths and weaknesses of the case formulation and treatment approach as applied to this particular case.

Sample Psychology Interview Questions

Source: Pepperdine University Office of Career Services

Interviewer Questions

General Questions

1. Tell me about yourself.
2. Why do you want to work here? Why do you feel this site would be a good fit with your interests and background?

3. What are your strengths and/or weaknesses?
4. Where do you see yourself in three to five years?

Additional Questions

1. What brought you to this field?
2. Give me an example of a time when you needed to enforce a policy even if you didn't agree with the policy.
3. This can be a stressful and overwhelming field at times; how do you keep yourself balanced and what do you do to de-stress?
4. How have your education and previous experiences prepared you for work with clients?
5. What is your knowledge and understanding of the recovery/wellness model?
6. Tell me about your experience at XYZ.
7. What previous experience do you have in the field?
8. What involvement do you have in community service and volunteer work?
9. What do you see as the role of an MFT/Counselor/Mental Health Practitioner in today's society?
10. What theoretical orientation do you identify most with and why?
11. Tell me about your experience working with diverse or multicultural populations.
12. Tell me about a time when you used your cultural sensitivity to assist another person.
13. How would you handle an aggressive/angry client?
14. How would you handle a suicidal/homicidal client?
15. What steps would you take if you suspected child abuse/neglect with a client?
16. How would a professor or supervisor describe you?
17. Is there a specific population that appeals to you/intimidates you? Why?
18. Tell me about a time when you were part of a team. What was your role and how did you interact with others?

Questions to Ask the Interviewer

1. What type of training will I obtain in this position?
2. What is the supervision style here?
3. What are typical projects or cases I will be working with?
4. How often are performance reviews/evaluations given?
5. What is your organization's view of the ideal candidate for this position?
6. How is professional development supported?

7. What challenges currently face this position?
8. When do you anticipate making a decision regarding this position?
9. What skills and knowledge do you like to teach practicum students?
10. What objectives do you require of your students to meet as part of their practicum?
11. Is there an opportunity to continue with the agency post-graduation?
12. What type of training will I obtain in this position?
13. What is the supervision style here?
14. What are typical projects or cases I will be working with?
15. How often are performance reviews/evaluations given?
16. What is your organization's view of the ideal candidate for this position?
17. How is professional development supported?
18. What challenges currently face this position?
19. When do you anticipate making a decision regarding this position?
20. What skills and knowledge do you like to teach practicum students?
21. What objectives do you require of your students to meet as part of their practicum?
22. Is there an opportunity to continue with the agency post-graduation?

Additional Sample Doctoral Interview Questions

1. Tell me about yourself.
2. What are your career goals? How will this program help you achieve your goals?
3. In what ways have your previous experiences prepared you for graduate study in our program?
4. What do you know about our program?
5. Who is your favorite personality theorist and why?
6. What is the role of a psychologist?
7. What distinguishes you from the other candidates for this program?
8. How will you contribute to the new Psy.D. cohort?
9. What are your specific areas of interest – populations, disorders, etc.?
10. You have a Master's, why do you want to pursue a doctoral degree?
11. What do you plan to do once you've graduated with your doctoral degree?
12. What are your greatest clinical strengths? What are some areas where you would benefit from additional development?

13. Does your partner/family/friends support your decision to pursue a doctoral degree and the additional rigors of the program?
14. I see on your resume that you worked at XYZ, Inc. Tell me about your experience there.
15. Why do you want to pursue a PhD/Psy.D.? Why are you pursuing one instead of the other?
16. What goes into a dissertation?
17. Why did you choose this career path?
18. What questions do you have for me?

Time Management and Organization

1. How do you think you will handle the workload? What strategies do you use to prevent yourself from getting overwhelmed?
2. How do you cope with pressure and deadlines?
3. The program is very demanding on one's time. How do you work with stress and managing multiple responsibilities?

Clinical Experience

1. What kind of psychological testing experience have you had?
2. Tell me about your clinical experience.
3. What have you found most challenging in your clinical work?
4. How do you utilize supervision?
5. If you have a problem or disagree with your supervisor, how do you handle it?
6. What is the most surprising insight you've gained through your clinical practice?
7. Tell me about a challenging client with whom you've worked.
8. How do you establish relationships with clients from a different background than your own and with problems you've never experienced yourself?
9. Tell me about your experiences with social justice issues and your work with diverse clients.

Research Experience

1. Describe a research project on which you've worked. What was the purpose of this project?
2. What were the hypotheses and results of the research you conducted? What role did you play?
3. How will you cope with inevitable setbacks during your research?
4. In thinking about your dissertation, do you have any general topics in mind?

**Additional Questions for Internship and
Post-Doc General Questions**

1. Tell me about yourself.
2. Why do you want to work here?
3. What are your plans for future areas of work?
4. Where do you see yourself in 3 to 5 years?
5. What brought you to this field?
6. What can you bring to our organization?
7. Working here can be overwhelming; how do you handle stress? How do you handle criticism?
8. What do you think makes an effective therapist?
9. How has your personal background affected your personal psychology?
10. How do you manage counter-transference issues which may interfere when working with a client?

Clinical Experience

1. Tell me about a specific case that you have conceptualized using a therapeutic model and how you've applied it in treatment planning.
2. Discuss the steps you took to create a clinically relevant and culturally sensitive treatment plan to help a client meet his or her goals.
3. Give an example of a client session that evoked strong feelings, which made you particularly aware of your personal position with regard to class/gender/race/disability etc.?
4. Talk about a disagreement/conflict with a supervisor and how you handled it?
5. How do you handle conflict with a client?
6. What theories have you used in clinical practice?
7. Describe a clinical/ethical dilemma that you have faced in your clinical work.
8. Tell me what you perceive as your biggest blunder or failure in your work with a client.

Field-Specific Question

1. What is your theoretical orientation?
2. What do you think should change therapeutically in order to meet the needs of a multi-cultural society?
3. Tell us about the role of a Marriage and Family Therapist/Psychologist.
4. What population do you find particularly difficult to work with and why?
5. What are your views on working with clients from different cultures? What issues do you need to be aware of?

6. What would you do if a client came to you saying that s/he were going to commit suicide when s/he left your office?
7. How would you deal with a client who you did not enjoy working with?
8. What are the advantages and disadvantages of (a particular theoretical orientation)? What part does emotion play?
9. What do you think about the DSM?
10. What is your view on spanking in relation to child abuse? Is there a cultural aspect to assessment?
11. What procedures are in place for child and elder abuse?
12. What procedures are in place for a homicidal client?
13. Are you familiar with DMH Paperwork?
14. How important are evidence-based practices? Empirically-based theories and treatments?
15. What assessments have you administered?
16. How do you deal with angry/irritable/aggressive clients?
17. Name your three greatest strengths/weaknesses as a clinician?
18. How has your education prepared you for work here (with this population)?
19. What has been the most surprising thing you have learned about yourself as a clinician in training?
20. Tell me about the most challenging client you have ever worked with.
21. Describe what you perceive to be the most successful outcome with a client?
22. What are some of the most important things that you learned while at your practicum site(s)?
23. Consider this clinical vignette. Tell me how you would approach treatment with this client? What do you think is the first thing that needs to be addressed?
24. Give me an example of a time when you had to handle a client in crisis or an emergency

Psy.D. Program Schedule by Year

We have included the schedule of courses in the Psy.D. program for years 1-5. When selecting an externship site, some sites may require that you have taken specific courses as a prerequisite to applying. Cross-check the schedule provided by the Program Director before going on externship. The current course schedule for years 1-4 of the Psy.D. program. This should allow you to know if a potential externship conflicts with one of your courses.

First Year

Tues/Wed 9:30am-4:40pm

- ☐ Ethics and Professional Orientation
- ☐ Introduction to Clinical Practice: Helping Relations I
- ☐ Theories of Psychotherapy and Personality
- ☐ Assessment I
- ☐ Assessment II
- ☐ Introduction to Clinical Practice: Helping Relations II
- ☐ Psychopathology
- ☐ Research Methods and Evaluation

Second Year

Fall: Mon/Tues 2:00pm-

7:40pm Spring: Mon /Tues

2:00pm-7:40pm

- ☐ Cognitive Behavior Therapy
- ☐ Developmental Psychopathology
- ☐ Clinical Practicum I
- ☐ Cultural and Social Issues in Clinical Practice
- ☐ Foundations of Career Development (Elective for students seeking M.A. in clinical and counseling psychology)
- ☐ Group Interventions
- ☐ Advanced Statistics & Research Methods
- ☐ Clinical Practicum II

Third Year, subject to change *(Some third and fourth year courses are now combined)*

Wed /Thu 2:00pm-7:40pm

- Advanced Evidence-Based Psychotherapies
- Biological Basis of Human Behavior
- Clinical Practicum III
- Clinical Psychopharmacology
- Dissertation I
- Clinical Practicum IV
- Psychodynamic Theories

Fourth Year, subject to change

Tues 2:00pm-7:40pm and Wed 5:00pm-7:40pm

- Cognition and Affect
- Dissertation II
- Clinical Practicum V
- Seminar in Social Psychology
- Clinical Practicum VI
- History and Systems in Psychology
- Dissertation Continuation repeats every semester until dissertation defense

Fifth Year

Fall and Spring: online

- Doctoral Internship

Summer

- Human Growth and Development-Summer after 1st year
- Summer Electives-Students may take one before 4th year

Summary of Internship Application Process and Associated Costs

Students in the William Paterson University Psy.D. program (and indeed in nearly all clinical psychology programs) are required to apply for and complete an internship that is accredited by the American Psychological Association (APA) prior to graduating.

To apply, students must submit applications through the Association of Psychology Postdoc and Internship Centers (APPIC), a governing body that maintains information about all APPIC member psychology internships and contracts with the National Matching Service. The National Matching Service (NMS) provides a computerized match between the over 3000 students applying for psychology internships and member internships through APPIC. You are advised to explore the APPIC website as soon as possible and become familiar with the information it provides.

Because there is substantial competition for internship spots, students are very strongly encouraged to apply to as many sites as they are interested in. Research over several years has demonstrated that applying to 15 different sites provides the maximum likelihood that a student will receive a training offer from an internship, and that each additional site over 15 does NOT increase the likelihood of receiving a training offer. Hence, we encourage students to apply to and rank 15 internship programs. If you are geographically limited to highly competitive regions, such as New York City, Boston, District of Columbia, or Philadelphia, you may be at a disadvantage in securing an internship and applying to more and diverse sites would likely behoove you.

We also encourage students to apply to a few internships that have a record of not matching with students in the first round of the application process. You can find information about program match rates by searching programs through this website:

<https://membership.appic.org/directory/search>. Once you enter your search criteria, you will receive a list of programs. When you select a specific program, scroll through the information until you find the table labeled, “Summary of the Characteristics of the Specified Internship Class.” A screen shot of this table appears on the next page. This will give you a strong indication of the program’s match success.

materials for a complete description of the training opportunities available at each site.

Summary of the Characteristics of the Specified Internship Class »

	2015-2016	2016-2017	2017-2018
Number of Completed Applications:	44	30	30
Number of applicants invited for interviews:	20	20	20
Total number of interns:	5	4	4
Total number of interns from APA/CPA accredited programs:	1		
Total number of interns from Ph.D. programs:	1		
Total number of interns from Psy.D. programs:	3		4
Total number of interns from Ed.D. programs:	0		
Number of interns that come from a Clinical Psychology program	4		4
Number of interns that come from a Counseling Psychology program	0		
Number of interns that come from a School Psychology program	0		
Range of integrated assessment reports: lowest number of reports written	na	na	na
Range of integrated assessment reports: highest number of reports written	na	na	na

Summary of Post Internship Employment Settings of Each Internship Class »

Because the computer match system guarantees that the program you rank highest that chooses you will be where you will receive a training contract, you are not penalized by listing more programs than just the one(s) you most want to go to. (To learn more about how the match works go to: <http://APPIC.org/Match/About-The-APPIC-Match>)

There are FEES for the APPIC application, to participate in the National Matching Service (NMS), and all travel expenses for interviews (including air, car, train, taxi, meals, and lodging). **All fees are paid by the student out-of-pocket. The program does not provide any financial support for any internship application, match fees or associated travel. Further, note, there are no guarantees that interviews will continue to be virtual during upcoming academic years.**

Students will receive invitations to interview at programs that are interested in their application. Students are encouraged to participate in these interviews in-person, but, again, you must pay your own expenses. Since the APPIC internship network is nationwide, you will need to travel to internships that are at times quite distant from WPU, and to provide for your overnight stay. This process can cost up to \$800-1,000/interview, and is once again paid for out-of-pocket. Some programs offer phone interviews; you may ask about these if you wish.

In the end, it is not unusual for a student to pay between \$4530-5530 to apply for a required internship, which will allow them to graduate from WPU the next year, pending satisfactory completion of the doctoral dissertation.

In considering the admittedly high cost of this educational requirement, it is important to explore the cost if you do NOT receive an internship contract for your final year of training for the Psy.D. The student without an internship is obligated to remain a student at WPU for an additional year, complete a 5th year practicum, and apply to internship the next year. For some, especially those at the low end of hours or with few integrated test reports, it may be in your

interest to delay applying to internships if you are not likely to be a competitive applicant. The application process is draining, inefficient, and may result in failure to match and ultimately re-application the following year.

To help you evaluate your readiness to apply, one initial, objective cut-off that sites use to sort applications is the total number of face-to-face clinical service hours accrued during graduate training. The number of integrated psychological reports completed during graduate training also matters. **As stated in the WPU PsyD practicum handbook, we advise that you have completed at least 400 intervention and 100 assessment face-to face hours, as well as 5 integrated psychological reports prior to applying for internship.** Failure to be near to these totals may prohibit provision of the readiness letter by the DCT and thus application in the desired year. Please be advised that if you choose to apply to internship at the low end of hours, you may receive few interviews. Students who receive fewer than 5 interviews are unlikely to match in Phase I. Thus, these students should be prepared to either participate in later phases of the match OR withdraw their application and look for an externship for the following year off-cycle.

Summary of WPU Program Support during the Application Process

As you begin preparations for the doctoral internship application process, we would like to outline the support you will receive from the program, and the requirements for obtaining the letter of readiness from the Director of Clinical Training (DCT) that is necessary for application.

You will not receive a letter of readiness until the Checklist for Readiness Letter (attached) has been reviewed and approved by the DCT. Email correspondence with application materials is preferred for submission. Please email ALL materials to the DCT for final review no later than October 1, 2025.

The table below provides guidance about who will review different parts of the required components of the internship application. You will notice that the Dissertation Chair, course instructors and DCT review different components prior to the October 1 deadline. If the first submission of a component requires remediation, the student must submit a cover letter detailing revisions and their responses to all revisions along with the revised document to the designated review prior to October 1.

Item	Date Due	Reviewed by DCT unless otherwise noted by *
Internship List	1-Aug	
One Cover Letter	1-Sep	*Reviewed by Dissertation Chair
CV	1-Sept	*Reviewed by Dissertation Chair
Essay 1: Autobiographical	15-Sept	*Dissertation Chair
Essay 2: Theoretical Orientation	15-Sep	*Completed in Practicum IV
Essay 3: Diversity	15-Sep	*Completed in Practicum IV

Essay 4: Research Experiences/Interests	15-Sep	*Reviewed by Dissertation II Instructor
Case summary	15-Sep	*Reviewed by Practicum V Instructor
Integrated Psychological Evaluation	15-Sep	*Reviewed by Dr. Diamond
AAPJ application (with Time2Track Summary and brief justification of hours as documentation)	1-Oct	
Final Versions of CL, Essays and Supplemental Materials for approval for readiness letter	1-Oct	

All final materials must be submitted by Oct 1 to the DCT and PD for final review. The DCT will complete a final review of all materials, regardless of whether previously approved. If the DCT indicates one or more items still require remediation on final review, the student's Dissertation Chair, course instructor for Dissertation II, or course instructor for Practicum V must provide an additional review and approval for those items on the Checklist for Readiness Letter by Oct 10th. It is the student's responsibility to solicit feedback from the appropriate reviewer.

To receive your DCT verification, all items must be approved by the DCT at least 1 week prior to your initial application deadline, which can be as early as October 15. So, note: If the materials you submit for final review by the DCT on Oct 1 are not acceptable, you will be unable to apply to sites with an Oct 15 deadline. The DCT writes the DCT Verification.

Recommendations for Preparation

It is in everyone's interest for your materials to be approved on the first review. You are strongly encouraged to seek consultation from faculty, mentors, advisors, and peers on application materials, reports, and essays before your first submission. On final review, the DCT will not provide specific feedback or line item editing on your materials. They will simply indicate whether your materials are satisfactory and therefore approved, and if they are not, they will advise, in general terms, areas needing remediation. Therefore, please always submit polished materials that you would feel proud to submit to an internship site (i.e., materials that are free of grammatical and typographical errors; materials that are well-organized, succinct and responsive to the purposes of the cover letter or essay question posed, for example).

Other helpful hints:

- Subscribe to the APPIC Match-News E-Mail List early and read the updates/suggestions sent by the Coordinator. See subscription information here: <https://www.appic.org/E-Mail-Lists/Choose-a-news-list/Match-News>. Usually you can register to Match News by sending a blank e-mail to: subscribe-match-news@lyris.appic.org
- Check your transcript early to ensure all grades are accurate, and especially that all *Incompletes* have been converted to Passes. Early detection can aid in rectifying any administrative errors or oversights prior to application.

- Explore not only the Directory on the APPIC site but also the information on the AAPI, training resources for students, etc.
- Review the schedule <https://natmatch.com/psychint/schedule.html>
- Do not forget to **register for the match**. There is an applicant fee (usually around \$130) that is payable directly to the administrator of the match, the National Matching Service. More information on the Match, including dates and how to register is available here: <https://natmatch.com/psychint/overview.html>
- Your initial list should include 20 sites, with a mix of location and competitiveness. For each site you list, you must include the application due date, 1-3 sentences on why you think you are a good fit for the site based on your clinical and/or research experiences during graduate school, and *PsyD student match rates* at the site, which you can easily calculate based on the “Summary of the Characteristics of the Specified Internship Class” provided for each site in the directory. To calculate this rate, divide the number of accepted Psy.D. students by the total number of applicants. Include this information (raw numbers and %) in your list of 20 sites. Also, include the intervention and assessment hours as well as number of integrated psychological reports recommended. In the top header of your list, include your intervention and assessment hours as well as reports in these categories to date. Again, the directory of APPIC internship programs is here: <https://membership.appic.org/directory/search>. You may only apply to APA-accredited sites. The DCT will not complete the DCT verification for APPIC on Time2Track if you apply to any non-APA-accredited sites. Your list should be presented in the following table form:

Site Name	Location	PsyD Match rate	Number of total applications per year	Intervention hours Site/Student	Assessment Hours Site/Student	Integrated Reports Site/Student	Why Good Fit

Tasks and associated deadlines:

1. Internship List.

Deadline for DCT review: Aug 1

Application components

Examples of application components from WPUNJ students who have successfully matched are available here:

https://drive.google.com/drive/folders/1gS6nE4VV8id_bMjN_f7eXfCMLzYFGOWG?usp=sharing

2. Cover letters.

Deadline for submission to Dissertation Chair for review of 1 cover letter: Sept 1

Each cover letter should address this question: How do you envision our internship site meeting your training goals and interests? You are to address site-specific issues and training opportunities; therefore, you should write a separate, site-specific cover letter for each site to

which you are applying. A typical cover letter is 1–2 pages in length. Be succinct and yet cover the topic of fit between yourself and the internship site. If you are applying to a site with multiple programs, please specify in your cover letter the specific program(s) to which you are applying.

If remediation is needed after review, you will have opportunity in Practicum V and Dissertation II for additional feedback on cover letters. You may be referred to the WPUNJ Career Development Center for additional support.

3. Case report or summary.

Deadline for submission to Practicum V Instructor for review: Sept 15

A modified version of the second year project represents a case report or summary. This case summary should demonstrate your theoretical orientation to counseling and reflect your preferred assessment and intervention strategies. Limit to 2-3 pages, and conform to the Privacy Rule of the Health Insurance Portability and Accountability Act (HIPAA) (omit name, street address, city, county, zip code, school, month and day of birth, admission date, discharge date, date of treatment, any numbers that identify the individual, e-mail address, or other unique characteristics that could be used to identify the individual).

If remediation is needed after review, you will have opportunity in Practicum V for additional feedback on case reports and summary.

4. Essays.

Deadline for submission to appropriate reviewer: Sept 15 (see appended Checklist for Readiness for reviewers). Again, we strongly encourage you to seek consultation from faculty, mentors, advisors, and peers on essays before the deadline.

Every application submitted through the AAPI Online service must include an essay response to four specific questions. Many applicants will submit the same essay to all internship sites to which they apply. However, the AAPI Online provides you with the opportunity to tailor your essays to particular internship sites (or types of sites) if you prefer to do so. Thus, you have the option of sending the same essay document to all of your sites or writing essays specific to a site or to a group of sites. It is recommended that the response to each essay question be no longer than 500 words.

Essay guidance. For information about essay preparation read this article:

<http://www.apa.org/gradpsych/2005/09/pulling.aspx>. Essays cover the following topics: 1) personal statement including fit or match with site; 2) diversity experiences; 3) research; 4) theoretical orientation. Of import, however, is the idea that the essays, supplemental materials and CL should provide a cohesive and consistent story about you and your orientation. So, for example, if you say in your theoretical orientation essay that you subscribe to a CBT framework, your case formulation should be cognitive and behavioral in nature.

If remediation is needed after review, you will have opportunity for review by Dissertation Chair, Practicum IV instructor, Practicum V and/or Dissertation II instructor.

5. Integrated reports.

Deadline for Dr. Diamond review: Sept 15. We strongly encourage you to submit your reports *before* the Sept. 15 deadline to Dr. Bruce Diamond for review. You must allow him two weeks to review and allow yourself time to incorporate the feedback prior to submitting on Oct 1.

Many sites request supplemental materials of an integrated psychological testing report. The

definition of an integrated psychological testing report is a report that includes a review of history, results of an interview and at least two psychological tests from one or more of the following categories: personality measures, intellectual tests, cognitive tests, and neuropsychological tests. Reports from Assessment I and II (information from both reports combined) represent an example of an integrated psychological testing report.

6. AAPI application, go to this link to review application instructions: <https://appic.org/Internships/AAPI>
7. **Deadline for DCT/Program Director review: Oct 1.** Note: you must provide supporting documentation from Time2Track and any additional hours' justification that is necessary to explain totals.
8. CV. APPIC suggests the structure appended below.
 - ☐ **Deadline for submission to Dissertation Chair for review: Sep 1**
 - ☐ Identifying information
 - ☐ Education
 - ☐ Training
 - ☐ Clinical experiences; Practicum; Psychotherapy experiences
 - ☐ Supervisory experience
 - ☐ Research experience
 - ☐ Publications, grants, professional presentations
 - ☐ Teaching experience
 - ☐ University and professional service
 - ☐ Related work experience
 - ☐ Volunteerism
 - ☐ Awards/Honors
 - ☐ Professional memberships, leadership positions held
 - ☐ References

Note: If you have completed all coursework but the internship course sequence, mark that you will have completed all of your coursework by May 2025.

On the next page is a checklist that must be completed and submitted to the **DCT by October 1, along with final versions of all materials, checklists and responses to revisions, if applicable, in order to receive DCT verification.** It is your responsibility to meet deadlines and track your progress, including approvals, through the process. Failure to meet deadlines may result in a delay in receiving your letter of readiness, which could preclude application to sites with an Oct. 15 application deadline, for example.

Checklist for DCT verification

Item	Date Due	Date received	Reviewed by DCT or Program Director unless otherwise noted by *	Approved or Remediate
Internship List	8/1			
One Cover Letter	9/1		*Reviewed by Dissertation Chair	
CV	9/1		*Reviewed by Dissertation Chair	
Essay 1: Autobiographical	9/15		*Reviewed by Dissertation Chair	
Essay 2: Theoretical Orientation	9/15		*Completed in Practicum IV	
Essay 3: Diversity	9/15		*Completed in Practicum IV	
Essay 4: Research Experiences/Interests	9/15		*Reviewed by Dissertation II Instructor	
Case summary	9/15		*Reviewed in Practicum V	
Integrated Psychological Evaluation	9/15		*Reviewed by Dr. Diamond	
AAPI application (with Time2Track Summary and brief justification of hours as documentation. <i>If you are an international student, you must also provide proof of legal F-1 student status.</i>)	10/1			
Final Versions of CL, Essays and Supplemental Materials for approval for readiness letter (Must include pdf of entire packet and this cover page with all approvals)	10/1			

This checklist must be completed and given to the DCT by Oct 1 with final versions of all of your materials.

Remediation Checklist (Fill out for only those components not approved on initial review.)

Item	Date Feedback Received	Reviewed by (Dissertation Chair, Dissertation II instructor, Practicum V instructor)	Date Revisions and Cover Letter Addressing Revisions Submitted	Approval date
Internship List				
One Cover Letter				
CV				
Essay 1				
Essay 2				
Essay 3				
Essay 4				
Case summary				
Integrated Psychological Evaluation				
AAAPI application				

If needed, this checklist must be completed and given to the DCT and PD by Oct 1 with final versions of all of your materials.

Appendix: Sample Practicum Communications

Sample Letter of Readiness-1st Year

Note: the actual letter of readiness will be provided to you to complete and send to the DCT for signature during fall semester.

January 10, 20xx

Letter of Readiness for your name here

To Whom It May Concern:

This letter is to certify that your name here is qualified and eligible for an external practicum position. Your first name here is in his/her first year of the Psy.D. program at William Paterson University (WPU) and has successfully completed one semester of intensive training in basic clinical skills, cognitive behavior therapy, and assessment in addition to his/her previous experience. By next fall, your name here will have completed the second semester of this training, and will also find additional opportunities over the summer to enhance his/her clinical skills. He/She is already enrolled in a curriculum proscribed by the American Psychological Association.

Starting in fall of 20xx, your name here will be available two days, sixteen hours per week, as recommended in the NYNJDOT Guidelines now listed on the APA website. He/She will also be enrolled in a didactic course at WPU meant to complement the practicum experience.

Please do not hesitate to contact me if you have additional questions.

Sincerely,

[First and Last Name CURRENT DCT]

Sample Letter of Readiness-2nd Year and Beyond

Note: the actual letter of readiness will be provided to you to complete and send to the DCT for signature during fall semester.



DEPARTMENT OF PSYCHOLOGY
300 POMPTON ROAD • WAYNE, NEW JERSEY 07470-2103
973.720.2148 FAX 973.720.3392 • WWW.WPUNJ.EDU

January 10, 20xx

Letter of Readiness for your name here

To Whom It May Concern:

This letter is to certify that your name here is qualified and eligible for an external practicum position. Your name here is currently in his/her second year of the Psy.D. program at William Paterson University and has successfully completed one year of intensive training in basic clinical skills and a full cognitive therapy protocol, in addition to his/her previous experience. By next fall, your name here will also have completed an externship at current externship site, and will find additional opportunities over the summer to enhance his/her clinical skills. He/She is enrolled in a curriculum proscribed by the American Psychological Association.

Starting in fall of 2016, your name here will be available two days, sixteen hours per week, as recommended in the NYNJDOT Guidelines listed on the website of American Psychological Association. He/She is already enrolled in a didactic course meant to complement the practicum experience.

Please do not hesitate to contact me if you have additional questions.

Sincerely,

Sincerely,

[First and Last Name Current DCT]

Sample Cover Letter-1st Year



DEPARTMENT OF PSYCHOLOGY
300 POMPTON ROAD • WAYNE, NEW JERSEY 07470-2103
973.720.2148 FAX 973.720.3392 • WWW.WPUNJ.EDU

January 9, 20xx

Dear *****,

I am writing to apply for a practicum position at *****. I am currently completing my first year in the Clinical Psychology Doctoral Program at William Paterson University. [insert statement regarding your current interests and how the practicum site will provide you with relevant training, example follows here:]. I believe my present interests in diverse adult populations and clients with eating disorders make me a good fit for your training position. I am also eager to build on my prior experience and learn more about psychodynamic therapies and how mindfulness techniques can be integrated into Western practices, training which is offered at your site.

[This paragraph should link your interests to what the program offers to show **good fit**. Many practicum sites will evaluate applicants based on their perceived match for training]. While reading about the training opportunities offered by your Counseling Center, I was impressed by your extraordinary dedication toward providing your externs with a well-rounded experience to promote their professional development. It is clear that your program offers training with a diverse group of clientele, on a wide range of issues, which is especially important to me at this point in my career. I also appreciate the encouragement externs receive in finding their personal style and discovering which therapeutic methods they can be most successful with as future clinicians. This is particularly appealing to me because there are several approaches which intrigue me, and I would benefit greatly from supervision guiding me in developing a therapeutic style of my own. Further, I am excited by the possibility of insert other practicum activities here.

[Here elaborate on fit and emphasize your specific experiences – including volunteer, clinical, research, and didactics – that map onto the practicum training]. In reviewing your materials, it became clear that you seek to train externs to provide mindfulness techniques and psychodynamic therapy to diverse clients. Staff at your site provide supervision from these

theoretical orientations. Though early in my graduate training, as a post-baccalaureate, I was fortunate to be able to co-facilitate Mindfulness Based Stress Reduction (MBSR) groups for adults and conduct intake interviews. As an intern during college, **your undergraduate experiences here**. During my graduate training under the supervision of Dr. Jan Mohlman, I have honed a repertoire of clinical skills, including crisis management, risk assessment, and therapeutic communication skills (e.g. open-ended questioning; reflecting, paraphrasing, validating; using metaphors, mental imagery, and personal narratives). Next semester, I will receive training from Dr. Mohlman on a trans-diagnostic Cognitive Behavior Therapy protocol to treat anxiety and depression.

[Conclude with affirmation, summary, and rephrasing of opening paragraph]. Based on my experiences, I am confident that I can meaningfully contribute to the services offered by your institution, and I would be honored and excited to participate in your program. In addition to the opportunity to work with diverse clients using mindfulness and psychodynamic techniques and under supervisors from diverse orientations, I am also excited by the possibility of co-leading therapy groups, giving workshops, and participating in the other didactic and outreach opportunities that are listed in your informational materials.

As requested, I have included two letters of recommendation from **recommender 1** and **recommender 2** as well as my CV. Thank you for your consideration. I hope to hear from you soon.

Sincerely,

Your name here

Sample Cover Letter-2nd Year



WILLIAM
PATERSON
UNIVERSITY

DEPARTMENT OF PSYCHOLOGY

300 POMPTON ROAD • WAYNE, NEW JERSEY 07470-2103

973.720.2148 FAX 973.720.3392 • WWW.WPUNJ.EDU

January 17, 2017

Dear Dr. *****:

I would like to apply for an external practicum position at your facility, *****, as posted on APA's Psychpracticum Portal. This is my *** year in the Clinical Psychology Doctoral Program (Psy.D.) at William Paterson University, and I have spent the last *** months as a clinical extern at *****. I am now planning my transition into an advanced external site, one which will build on my [current knowledge and skills and further my clinical training—be specific here]. I am seeking a position that allows me to do the work about which I have the most passion: working with individuals with serious mental illness at an exciting institution that provides ample room for growth as a clinician.

My qualifications are highly consistent with [the criteria listed in your brochure – be specific here about the criteria]. Since my days as an undergraduate, I have devoted a great deal of my time and energy to working with individuals with intellectual and developmental disabilities. I have worked with this unique population in a variety of roles, including as a job coach, direct care staff, and client advocate. It was through this work that I began to lay the foundations for my eventual role as a clinical psychologist. These foundations were reinforced and strengthened through my graduate studies at William Paterson University (WPU). There, I continued to shape my career according to the values of evidence-based practice. It was also at WPU that I began the task of mastering cognitive behavioral therapy and other evidence-based treatments, under the guidance of my clinical supervisor, *****. My training has culminated in my acceptance last year to the externship program at ***** under the supervision of *****, where I have learned to apply evidence-based treatments to individuals with dual-diagnoses of intellectual disabilities and personality disorders. During my time at *****, I have found a great deal of fulfillment providing psychotherapy services for individuals with serious and persistent mental illness. My work at ***** has taught me that a clinician using focused, evidence-based treatments can improve the quality of life of many individuals who suffer from chronic mental illness.

My clinical work to date has focused on individual and group interventions for

individuals with dual diagnoses: intellectual disability and most often personality or psychotic disorders. I am a strong proponent of the practitioner-scholar model, and my clinical training has been rigorous and multifaceted, with an emphasis on cognitive behavioral techniques. My training has been broadened and deepened while at ***** to include an emphasis on group psychotherapy, partly based on the work of Irvin Yalom. Through access to *****'s network of day rehabilitation programs, I have also received training in behavioral shaping techniques and developing positive behavior support plans for individuals with limited verbal and/or cognitive capacity.

My feedback as a supervisee has been positive in both my studies at WPU and my training at *****. In both settings, I have worked closely with my clinical supervisors to effectively integrate constructive feedback and develop my burgeoning clinical skills.

Based on my experience as a clinician and a scholar, I am confident that I can bring a strong skill set to *****. I look forward to the excellent opportunities for training and supervision that your institution can provide. If accepted to the program, my goal is to build a foundation for my career as a clinician working with individuals with chronic mental illness. It is my eventual career goal to work at a psychiatric hospital of the caliber of your institution. While at this externship position, I would look forward to providing individual and group psychotherapy, learning how to effectively conduct assessments and write reports, and receiving didactic training on working with individuals in this unique population. I am excited to work alongside senior clinicians as well as other externs, and to collaborate on our shared cases through weekly meetings and supervision. In particular, a rotation in the forensic/specialty division within one of the units in the inpatient facility seems to fit very well with my own goals for training. Other very appealing rotations include the community re-integration division, admissions division, and a rotation where I would have the opportunity to administer personality or psychopathology assessments.

I have attached recommendation letters from three clinicians that I have worked closely with in my studies and clinical work (*****, WPU Director of Clinical Training, *****, supervising psychologist at *****, and *****, associate professor at WPU). Thank you very much for considering my application, and I hope to hear from you in the near future.

Sincerely,

Your name here

Sample CV-1st Year

APPLICANT NAME

▪ Address

▪ 555-523-5555

▪ applicant@gmail.com

EDUCATION:

William Paterson University, College of Humanities and Social Sciences Wayne, NJ

Psy.D, Doctor of Psychology expected May 2020.

Director of Clinical Training: *****, PhD; *****@wpunj.edu

Yeshiva University, Yeshiva College, New York, NY

B.A. in Psychology, January 2015

GPA: 3.62

AWARDS/SCHOLARSHIPS:

GRADUATE ASSISTANTSHIP TUITION WAIVER

- Provides full tuition waiver and stipend for doctoral studies

DEAN'S SCHOLARSHIP

- Granted on basis of competitive GPA and test scores

AREAS OF SPECIAL INTEREST

- Individuals with special needs, underprivileged populations, inpatient psychiatric care

PROFESSIONAL EXPERIENCE:

Student Representative, William Paterson University, Wayne, NJ, November 2016-Present

- Serve as address for sensitive topics that graduate students wish to bring up with faculty
- Implement policy of proactively seeking out student attitudes and feelings on new program initiatives, and presenting data to program administration
- Represent doctoral student concerns and issues at senior faculty meetings

Graduate Assistant, William Paterson University, Wayne, NJ, September 2015-Present

- Assist with administrative functioning of both M.A. in Clinical and Counseling Psychology and Psy.D. in Clinical Psychology programs
- Responsible for filing and organization of all information related to future APA accreditation of Psy.D. program

- Maintain bridge of open communication between students and program leadership

Intern, AHRC Educational Advocacy Department, New York, NY, Summer 2014

- Served as advocate for individuals with intellectual/developmental disabilities
- Delivered information, resources, and counseling to parents and caretakers struggling with the special education system in New York City

CLINICAL EXPERIENCE:

Milieu Counselor, Mishkon Group Homes, Brooklyn, NY, May 2012-August 2014

- Provided fun, engaging recreational experience to members of special needs group home
- Organized leisure activities to integrate participants into the broader community

Job Coach, Yachad Vocational Program, Camp Moshava, Indian Orchard, PA, Summer 2013

- Assisted individuals with special needs in building vital work habits and life skills
- Acted as mediator between special needs individuals and their peer groups

Intern, M.D. Anderson Cancer Center, Houston, TX, June 2012

- Assisted practicing physicians with running a study program of treatment of gastrointestinal cancer
- Received a first-hand look at current and next-generation cancer treatment and hospice care

Counselor, Hebrew Academy for Special Children Summer Camp, Parksville, NY, Summers 2011 and 2012

- Facilitated full-time care for children with intellectual and motor disabilities
- Taught activities of daily living and adaptive skills

GROUP MEMBERSHIPS:

Member, American Psychological Association of Graduate Students, November 2015-Present

Member, Psi Chi International Honor Society in Psychology, January 2013-Present

MANUSCRIPT REVIEW:

Journal of Mental Health and Aging, November 2016

Sample CV-2nd Year

John Smith, M.A.

John.smith@gmail.com · (732) 788-5042

300 Pompton Road, Science East 2062D · Wayne, NJ 07470

EDUCATION

William Paterson University, Department of Psychology, Wayne, NJ
 Doctor of Psychology (Psy.D.), Clinical Psychology
 Expected 2020

- Specialization in
 Neuropsychology Advisor:
 *****, Ph.D.

Director of Clinical Training: xxx; xxx@wpunj.edu

Teachers College | Columbia University, Department of Counseling & Clinical Psychology,
 New York, NY
 Masters of Arts (M.A.), Psychology in Education

October 2015

- Specialization in Neuropsychology
- Thesis: “Antipsychotic Medications: A Remedy With
 Consequences” Advisor: *****, Ph.D.

Rutgers University, Department of Psychology, New Brunswick, NJ
 Bachelor of Arts (B.A.), Honors in Psychology and Cognitive Science

May 2011

- Minor: Critical Sexualities Studies
- Goldman & Sachs Scholar | Dean’s List
- Honors Thesis: “Dopamine Signaling in the Prefrontal Cortex as a Regulator of
 General Cognitive Abilities”
 Advisor: *****, Ph.D.

SPECIAL INTERESTS

Neuropsychology; Hematology/Oncology; Older adults; Schizophrenia; LGBTQ; HIV/AIDS

PEER-REVIEWED PUBLICATIONS

Harber, K. D., Gorman, J. L., Gengaro, F. P., Butsingh, S., Smith, J., & Ouellette, R. (2012).
 Students' race and teachers' social support affect the positive feedback bias in public
 schools. *Journal of Educational Psychology*, 104(4), 1149-1161.

EDITORIAL ACTIVITIES

Ad-hoc reviewer

2015 – Present

American Journal of Geriatric Psychology

Aging and Mental Health

Behaviour Research and Therapy

INVITED TALKS & WORKSHOPS

Smith, J. & Blazkiewicz, A. (2017, October). *Queer in the Online Sphere: Finding Virtual Safe Spaces*. Peer-reviewed presentation. 15th Annual LGBTQA College Leadership Conference, William Paterson University, Wayne, NJ.

Smith, J. & Bujalski, A. (2017, February). *Open Talks: The LGBTQA College Experience*. Focus group organizer and facilitator to assess the programming needs of LGBTQA students, William Paterson University, Wayne, NJ.

Smith, J. & Cohen, J. (2016, October). Psy.D. Externship Panel. Invited presentation, William Paterson University, Wayne, NJ.

Smith, J., Lynn, H., (2016, November). Mood Management in the Workplace. Invited presentation, DKMS, New York, NY.

Smith, J. (2016, October). HLA for The Rest of Us: Lecture on basics of human leukocyte antigen typing in relation to bone marrow donors and patients. Invited presentation, DKMS, New York, NY.

Bujalski, A., Summers-Plotno, A., Smith, J., Cohen, J., Happawanna, K., Lakritz, A., Ryan, K., (2016, May). Mood Management Workshop. Invited presentation, William Paterson University, Wayne, NJ.

Smith, J. & Jordan, D. (2015, December). Understanding Barriers to Confirmatory Typing in Bone Marrow Donors. Focus group organizer and facilitator, DKMS, New York, NY.

Holzemer, W., Howard, M., Terrell, K., Smith, J. (2011, April). Rutgers University HIV/AIDS Panel. Organizer and Host, Rutgers University, New Brunswick, NJ.

PEER-REVIEWED CONFERENCE PRESENTATIONS

Happawana, K., Smith, J., Bujalski, A., Diamond, B. (May, 2017). *Fearful Faces and Autism Spectrum Disorder: Cognitive and EEG Spectral Correlates*. Accepted poster presentation at the 29th annual Association for Psychological Sciences convention, Boston, MA.

Smith, J. & Mohlman, J. (October, 2016). *Investigating Suicidality in Older Adults Using The Geriatric Suicidal Ideation Scale*. Poster presentation at the 50th annual Association for Behavioral and Cognitive Therapies convention, New York, NY.

Smith, J., Cohen, J., Bujalski, A., Summers-Plotno, A., Ryan, K., Angelo, C., Urbina, A., Diamond B. J. (March, 2016). *Mood and Anxiety Disturbances in College Students*. Poster presentation at the annual Eastern Psychological Association meeting, New York, NY.

Lai, G., Gu, J., Yeo, A., Smith, J., Han, R., Ceccolini, C., Varner, S., Mandavia, A., D’Emilia, W. (February, 2015). *Cultural dynamics of coping with severe mental illness and stigma: Secrecy among Chinese immigrants with psychosis*. Poster presentation at the 32nd Annual Winter Roundtable at Teachers College, Columbia University, New York, NY.

Yeo, A., Von Ritzhoff, A., Chang, Y., Kyoto, M., Mei, J., Zhou, X., Teng, C., Smith, J. (March, 2015). *Creating Effective and Culturally Sensitive Psychiatric Care for Lao Refugees*. Poster presentation at the 7th Annual Health Disparities Conference at Teachers College, Columbia University, New York, NY.

Von Ritzhoff, A., Chang, Y., Kyoto, M., Yeo, A., Mei, J., Zhou, X., Teng, C., Smith, J., Graham, A., Morita, J., Aldhuwaihi, N. (August, 2015). *Mental Health Awareness in the Lao Community of Northern California: Perspectives from the community*. Poster presentation at the 123rd American Psychological Association Convention, Toronto, CA.

Philippova, T., Huang, D., Morita-Varde, K., He, E., Smith, J., D’Emilia, W., McGoldrick, D., Schear, R., Yang, L. H. (August, 2015). *Stigma of Cancer in South Africa: Qualitative Investigation of Four Stakeholder*. Poster presentation at the 123rd American Psychological Association Convention, Toronto, CA.

RESEARCH EXPERIENCE

Research Graduate Assistantship: Impulsive-Aggressive Research Team

2017 – Present

Supervisor: *****, *Ph.D.* – William Paterson University

- Screening, recruiting, and running participants in study protocol examining intimate partner violence among university students. Data analysis of emotion regulation, heart rate variability, and executive functioning.

Lab Manager: Cognition & Emotion Lab / Anxiety & Aging Lab

2015 – Present

Supervisor: *****, *Ph.D.* – William Paterson University

- Development and oversight of data management systems, screening and training undergraduate/graduate research assistants, participant recruitment coordination, protocol development.

Research Assistant: Clinical and Cognitive Neuroscience Lab

2015 – Present

Supervisor: *****, *Ph.D.* – William Paterson University

- Variegated tasks in laboratory investigations of cognitive, psychiatric, neurophysiological and autonomic correlates of memory, executive function, attention/concentration and mood/anxiety. Literature review of current EEG and neuroimaging techniques used to study Autism Spectrum Disorder. Collaborative undertakings in a neuropsychological HIV/AIDS encyclopedia entry, and poster presentations.

Graduate Research Assistant: Psychiatric Epidemiology

2014 – 2015

*Supervisor: ******, Ph.D. – Mailman School of Public Health, Columbia University Medical Center

- Collaborated in literature reviews, grant writing, poster creation, and presentations. Projects spanned 1) NIMH K-award: formulating defining theoretical work on how culture relates to stigma and implementing interventions to improve recovery for different stigmatizing conditions (mental illness and HIV), with a focus on Chinese groups. 2) 5-year NIMH R01 grant examining the neurocognitive and social cognitive underpinnings of the new "clinical high risk state for psychosis" designation. 3) R01 examining the clinical and cognitive characteristics of untreated psychosis in China. 4) NIMH U19 grant investigating the barriers and facilitators involved in scale up of mental health interventions for psychosis in Latin America (Chile, Brazil and Argentina).

Research Assistant: HIV/AIDS

2011 – 2012

*Supervisor: ******, Ph.D. – HIV Center for Clinical and Behavioral Studies, Columbia University/NYSPI

- Comprehensive literature reviews examining trends and findings surrounding men who have sex with men in Africa; utilized Microsoft Excel, Dropbox, and ATLAS-TI in qualitative analyses.

- Acknowledgement in published article:

Sandfort, T. G., Lane, T., Dolezal, C., & Reddy, V. (2015). Gender Expression and Risk of HIV Infection Among Black South African Men Who Have Sex with Men. *AIDS and Behavior*, 1-10.

Research Assistant: Honors Thesis in Behavioral Neuroscience

2010 – 2011

*Supervisor: ******, Ph.D. – Psychology Department, Rutgers University - New Brunswick

- Managed animal learning battery tasks (e.g., Radial Arm Maze, Lashley III Maze, Open Field, Water Maze, Odor Discrimination, Fear Conditioning) in multiple on-going projects. Immunohistological techniques, intraperitoneal injections, brain extraction and slicing, data analyses, and standard animal research protocol & upkeep.

Research Assistant: Advanced Research in Social Psychology

2009 – 2010

*Supervisor: ******, Ph.D. – Psychology Department, Rutgers University - Newark

- Conducted structured script with teacher trainees in the Rutgers University Graduate School of Education. Compiled data for analysis. Facilitated informed consent process and participant debriefing. Fielded questions regarding the study.

UNIVERSITY TEACHING EXPERIENCE

Adjunct Instructor

Spring 2017, 2018

Montclair State University – Montclair, NJ: Psychology of Judgment and Decision Making

Adjunct Lecturer

Spring 2017, 2018

CUNY – Baruch College – New York, NY: Cultural Psychology (Online)

Adjunct Instructor

Summer 2016, 2017

William Paterson University – Wayne, NJ: Cross-Cultural Psychology (Online)

SUPERVISED TRAINING EXPERIENCE

Neuropsychology Extern

July 2017 – Present

Columbia University Medical Center Neuropsychology Service – New York City, NY: Provides comprehensive neuropsychological assessments for adult and older adult populations. Assessment scoring, report writing, and case presentations of patients in wide-ranging clinical presentations. Integrated medical history, mental health, and brain imaging in recommendations for services and strategies for individuals and caregivers.

Neuropsychology Extern

September 2016 – July 2017

Envisage Neuropsychology, PC – New York City, NY: Administered comprehensive neuropsychological and psychoeducational testing on children, adolescents, and young adults. Conducted parent intakes and feedback sessions. Assessment scoring, interpretation, and writing. Performed classroom observations as part of overall evaluations. Developed educational plans, recommendations for placement, services, therapies, and/or specific strategies. Offered writing remediation sessions using the Strategic Intervention Model published by the University of Kansas Center for Research on Learning. Assisted students with organizational skills and other executive functioning skills.

WORK EXPERIENCE

Graduate Assistant

September 2015 – June 2017

William Paterson University – Wayne, NJ: Provided support to psychology department chair for matters related to the undergraduate program; oversaw database for full, assistant, and adjunct instructors; assembled professorship applications for search committee review; examined course offerings for corrections and changes; interfaced with faculty, chair, and registrar to streamline course forecasts, registrations, class and faculty evaluations, and advisement hours; assisted with department events (e.g. Advising Week, Majors Day); Sona-Systems research pool administrator; ad hoc projects for both psychology undergraduate and graduate programs.

Donor Management Trainer

August 2015 – January 2017

DKMS – New York, NY: Orchestrated onboarding process of new hires in the Donor Management (DM) department; developed and delivered tailored training and assessment resources for DM, as well as other office teams (e.g., Donor Recruitment, Data Management); monitored internal and external training requirements; tracked and administered office-wide trainings in HIPAA and GTP/GMP; conducted employee competency assessments; facilitated corrective action plans; functioned within quality assurance and regulatory compliance framework.

Workup Coordinator

March 2013 – August 2015

DKMS – New York, NY: Managed a nationwide caseload of donors identified as genetic matches for patients in need of a bone marrow transplant; facilitated informed consent regarding bone marrow and peripheral blood stem cell donation processes; evaluated donors for medical and non-medical factors affecting suitability and eligibility using guidelines set by DKMS and the National Marrow Donor Program (NMDP); fully coordinated physical exams, lab work, extended medical testing, logistics, and concluding donations; utilized knowledge of medical terminology, case-note documentation, and conducting medical histories; ad hoc activities included research, quality assurance, and process improvement projects.

Manager

December 2012 – March 2013

12 WEST Restaurant & Bar/The Rail Group, LLC – Upper Montclair, NJ: Screened and interviewed over 100 candidates and hired 60 employees; generated employee scheduling system; supervised service; conducted corrective actions; cultivated systemic protocols and associated training; counseled employees in workplace conflict mitigation; independently built office infrastructure and precautionary protocols; established tax, payroll, and human resource systems; processed business trademark; developed company email, website, social media accounts; implemented purchasing system for office, restaurant and bar supplies; networked with community members and purveyors; implemented ground-based and social media marketing.

General Manager & Director of Program Development

February 2012 –

December 2012

Epernay Brasserie/The Epernay Group, LLC – Montclair, NJ: Chiefly managed both front-and-back end operations and supervised 22 employees; counseled employees in workplace conflict mitigation; regulated waste and ancillary expenses; developed strategies in financing and annual forecasts and budgets; analyzed variances; administered payroll, accounting, and cost-saving procedures; provided training, enrichment and volunteer opportunities in-and-around Montclair, NJ.

Project Administrator I

August 2011 - February 2012

New York State Psychiatric Institute, Division of Mental Health Services and Policy Research – New York, NY: Under the Center for Practice Innovations, delivered online training module and web-based implementation supports to New York State Office of Mental Health (OMH) and New York State Office of Alcoholism and Substance Abuse (OASAS) - licensed programs; maintained learning management system which provided education in integrated treatment and support for mental health and substance use problems; responded to requests from various hospitals, managed care organizations, and private practitioners in the tri-state area; web-based data entry; prepared analyses and assembled reports.

SKILLS & CERTIFICATIONS

Teaching: Blackboard, Moodle, Sakai, Picasso

MS Office (Typing Speed: 83 words/min)

Languages: English (fluent), French (6 years), Cantonese and Mandarin (native)

Business Administration: Adobe Suite, Cornerstone, Dropbox, Google Apps, GoToMeeting, Office 360

Physiological data acquisition software: LabChart

Neuropsychological & diagnostic assessments used:

ADI-R, ADOS-2, C-SSRS, BAI, BASC-3, BDI, Beery VMI, BNT, BRIEF, BVFT, BVMT,

CEFI, CELF-5, CPT-2&3, CVLT, DIAMOND, D-KEFS, HAM-A, HAM-D, HVLT, KTEA-3, MMSE, NDRT, NEPSY-II, OWLS-II, RAVLT, RCFT, Roberts-2, Rorschach-Exner System, SCID-IV, SRT, STAI, Stroop Color and Word Test, TAT, WAIS-V, WCST, WIAT-III, WISC-V, WMS-IV, WPPSI-IV, WRAML-2

CITI Human Subjects Protection

2017

Health Insurance Portability and Accountability Act

2017

Online Pedagogy Institute for Blackboard Interface (William Paterson University) 2017

CONTINUING EDUCATION

Empowering Online Teaching and Learning

Montclair State University
November 2017

October 2017 –

Tools and strategies for teaching and learning online, applicable for both online and hybrid courses.

Online Pedagogy Institute for Blackboard Interface

William Paterson University

May 2017

Tools and strategies for teaching and learning online, applicable for both online and hybrid courses.

Practicum in Conflict Resolution: Collaborative Negotiation and Mediation Skills

Teachers College | Columbia University

May 2015 – June 2015

Case studies and role-plays for skill building in collaborative mediation & negotiation.

Foundations in essential principles for cooperative strategies in conflict situations across clinical, cross-cultural, legal, and business contexts.

Focus on Integrative Treatment (FIT)

Center for Practice Innovations – Columbia Psychiatry/NYSPI
2011 - 2012

34 courses spanning screening and assessment for co-occurring mental health and substance use disorders; stages of change models; motivational interviewing; collaborative treatment plans; family and peer recovery supports; CBT; relapse prevention initiatives. Earned 84 hours C.E.

Wellness Self-Management (WSM)

Center for Practice Innovations – Columbia Psychiatry/NYSPI
2011 - 2012

WSM is a curriculum-based clinical practice designed to assist adults to effectively manage serious mental health problems. The WSM program was based on Illness Management and Recovery (IMR), one of the nationally recognized evidence-based practices for adults with serious mental health problems.

Assertive Community Treatment (ACT) Institute for Recovery-Based Practice

Center for Practice Innovations – Columbia Psychiatry/NYSPI
2011 - 2012

The ACT Institute provides training, support, and consultation to ACT providers across New York State. ACT curriculum highlights include person-centered treatment planning, promoting recovery through a mobile, team-based approach, motivational interviewing, stage-wise treatment, and CBT for coping skills and problem solving.

Webinars Hosted by Center for Practice Innovations – Columbia Psychiatry/NYSPI
2011 - 2012

Six webinar sessions in motivational interviewing, supervision, functional analysis & coping, and ACT core competencies. Earned 6 hours C.E.

PROFESSIONAL MEMBERSHIPS

Association for Behavioral and Cognitive Therapies: Member

2016 – Present

Association for Psychological Sciences: Member

2017 – Present

Eastern Psychological Association: Associate

2015 – Present

International Society for Psychological and Social Approaches to Psychosis: Member

2014 – 2016

Psi Chi – The International Honor Society in Psychology: Member

2010 – Present

COMMUNITY SERVICE & LEADERSHIP

William Paterson University Women’s Center

2017 – Present

- Volunteer for events and projects pertaining to domestic violence awareness, breast cancer awareness, and LGBTQA topics

Sports & Arts in Schools Foundation

2014 – 2016

- Champions Council Member, Speak Week Presenter 2015

BMT InfoNet Celebrating Life Survivorship Symposium

09/2014

DKMS

2013 – 2017

- Working Group Co-Leader and founder of #DKMSU, an inter-office professional development program
- Donor registration events and fundraisers, and spreading awareness about the bone marrow registry

Americans for Informed Democracy (Post-9/11 Initiative for international dialogue)

2010 – 2014

- Global Health Fellow, HIV/AIDS Issue Analyst, Advisory Board Member

The One Campaign - “The Campaign To Make Poverty History”

2007 – 2011

- President, Vice-President, Director of Public Relations, Regional Campus Coordinator for NJ, NY, RI, NH
- *Power 100 Summit – Washington D.C.*: Lobbied NJ Senators Menendez and Lautenberg on food security, sustainability, and foreign aid

OxfamAmerica - “To create lasting solutions to poverty, hunger, and social injustice”

2008 – 2011

- Crisis Relief Chair, Website Developer, CHANGE Leader
- *CHANGE Initiative – Washington D.C.*: Lobbied NJ Senators Menendez and Lautenberg on food security and climate change

PsychAlliance (Psi Chi & PsychSociety)

2009 – 2010

- Vice-President, Director of Big Sibling Program

BiGLARU (Bisexual, Gays, Lesbians, & Allies of Rutgers University)

2007 – 2009

- Director of Public Relations, Communications Officer, LGBTQ Liaison (Gender Identity Task Force)

Rutgers University Glee Club

2007 – 2008

- Member

Instructions for Submitting Externship Applications Through the NYNJADOT Portal

Historically, students submitted applications directly through the NYNJADOT PsychPracticum Portal. This process has changed.

Most major externship sites in the region now participate in the NMS Externship Match, and therefore all applications to Match sites must be submitted through the NMS Extern Match Portal, not the NYNJADOT Portal.

The NYNJADOT Portal still exists, but it is used primarily for:

- Browsing site descriptions
- Reviewing training information
- Accessing externship guidelines

It is not the primary application submission system for participating Match sites.

Submitting Applications to NMS Externship Match Sites

Step 1: Register in the NMS Extern Match Portal

Students must create an account in the NMS system during the registration window.

All materials—including the CV, cover letter, DCT verification letter, and any site-specific documents—are uploaded directly into the NMS portal.

Step 2: Review site requirements in the NMS Directory

Each site's NMS listing provides:

- Required materials
- Days/hours required
- Population served
- Supervisor credentials
- Interview format and instructions

Follow the site's instructions exactly. Some sites may require a writing sample or assessment report.

Step 3: Submit your application in NMS

All required documents are uploaded to the portal. NMS recommends combining documents when indicated, but always follows the site's specific guidance.

Step 4: Check email daily

Interview invitations are sent through the NMS system and will also appear on your portal dashboard.

Important: WPU emails sometimes filter NMS messages to Junk/Spam.

Students should check both folders during application season.

Submitting Applications to Sites Not Participating in the Match

Some externship sites still use independent application processes. These sites may require:

- Email submission
- Upload through the NYNJADOT Portal
- Upload through their institution's internal system

For these sites:

1. Review the site's instructions carefully.

2. Submit materials exactly as directed.
3. When emailing materials, attach one combined PDF, unless the site specifically requests separate files.
4. You must use your William Paterson University email for all applications.

If you accept a position at a non-Match site, you must withdraw your NMS applications immediately.

Using the NYNJADOT Portal (When Applicable)

Although the NYNJADOT Portal is no longer the main submission platform, some non-Match sites still use it.

For those specific sites, the steps are:

1. Go to <https://nynjadot.apa.org>
2. Create a student account (or sign in if you already have one).
3. Browse the directory for site descriptions.
4. If the site uses portal submission, a document-upload box will appear on the site's page.
5. Upload the required materials as directed.
6. Turn off resume-search features to ensure site-specific cover letters are not visible to other placements.
7. After submitting, confirm you receive the automated email from "Career Center."
 - These emails frequently go to junk/spam folders.

Note: The NYNJADOT Portal does not allow students to review the documents they uploaded. Only the file names will be visible.

Important Email Notification Notes

Regardless of whether the site uses NMS, email, or NYNJADOT Portal submission:

- Always check both your Inbox and Junk folders.
- Invitations from "Career Center" (NYNJADOT Portal) or NMS system messages may be filtered incorrectly.
- Respond to interview invitations promptly and professionally.

Sample Communication About Missing Class for a Practicum Interview

In general, you should do your best to avoid scheduling a practicum interview during class time. However, sometimes this is unavoidable. It is best to approach the professor in person to alert them to the conflict and then to follow-up via email. If this is not possible, you may make the request via email. Below is a sample email to send to a professor whose class you would miss because of a conflict with a practicum interview.

Dear Dr. *****:

I would like to let you know that I have been offered an interview at *****, one of my top practicum sites. Unfortunately, the time scheduled for the interview conflicts with our class. I would like to ask your permission to miss class that day to attend the interview. I will complete the assigned readings and work for that day, and I will ask one of my classmates to take thorough notes or audiotape the lecture for me to review after the interview. Please let me know if there is anything else you would like me to do to make up the missed class meeting. I am happy to discuss any questions or concerns you may have. Thank you very much in advance for your consideration and flexibility with this issue.

Best,

Appendix 1: Cheatsheet for Completing Additional Practica and for When Practica Extend Into Summer

To gain more hours, you may continue a practicum into the summer, start your next practicum over the summer or seek a summer (or additional) practicum experience. Supervision, liability and other logistical information for these cases follow:

If the practicum that you held during the prior academic year extends into summer, you will:

1. Inform the Director of Clinical Training (DCT), Program Director (PD) and your spring Clinical Practicum Course Instructor about the end date of your practicum before the last day of classes for the spring semester.
2. Take an incomplete in your spring Clinical Practicum Course, which will be converted to a P/F grade upon completion of the practicum
3. Attend secondary supervision with your spring Clinical Practicum Course Instructor during the summer re: the extended placement. (This will be arranged with you by the Clinical Practicum Course Instructor.)
4. Contact the DCT, PD and your spring Clinical Practicum Course Instructor on the end date of the practicum to report that the experience has indeed ended effective that date. Failure to notify the Clinical Practicum Course Instructor that your practicum has ended by COB on the Tuesday after Labor Day will result in an automatic F.
5. Update, if needed, your student practicum agreement to reflect the correct end date for your practicum. The DCT can provide a Qualtrics survey to do so.
6. Be automatically covered by WPU's liability insurance.

If the practicum that you will start during the next academic year starts during the summer, you will:

1. Inform the DCT, PD about the start date ASAP so there are no delays getting the affiliation agreement signed. **The affiliation agreement between WPU and the site must be in place prior to you starting.**
2. Attend secondary supervision during the summer with the PD re: the extended placement. (This will be arranged with you by the PD.)
3. Contact the DCT, PD on the start date of the practicum to report that the experience has indeed begun effective that date.
4. Update, if needed, your student practicum agreement with the correct start date for your practicum. The DCT can provide a Qualtrics survey to do so.
5. Be automatically covered by WPU's liability insurance.

If you complete a summer (or additional) practicum experience to gain additional practice hours, the experience is not considered part of your program of study. Therefore, all supervision is provided by your site and it is highly recommended you carry your own liability insurance. To count the hours on your APPI, per APPIC, however, the hours must be program sanctioned. To gain program sanction, you will:

1. Complete the Supplemental Supervised Clinical Training Experience Agreement, which is available from the DCT. Note: During the summer (or additional) practicum experience, supervision must be provided by a licensed Psychologist and provided in the ratio of 4 service-related hours: 1 supervision hour.

Student professional liability insurance is available for a small fee through the Trust. For more information, please see their website: <https://www.trustinsurance.com/Insurance-Programs/Student->

Appendix 2: Clinical Practicum Agreement

Academic Year 2025-2026

This agreement is between the Psy.D. Practicum Student and the William Paterson University Department of Psychology, Psy.D. Program in Clinical Psychology.

The Psy.D. Program in Clinical Psychology and the student agree to the following terms:

I. Term

The student can officially begin Clinical Practicum, accrue practicum hours, at the Practicum Site on July 1 of 2025 in partial fulfillment of training requirements related to the William Paterson University (hereafter referred to as “University”) Psy.D. Program in Clinical Psychology (hereafter referred to as “Program”). The anticipated term of this agreement shall be for the period beginning on July 1, 2025 and ending on August 31, 2026. If required hours are not completed by the end of the term, this agreement will be continued until completion of required practicum hours.

II. Time

1. The student agrees to work at the Practicum Site no more than:
 - 16 hours per week in Year 2 and 3
 - 20 hours per week in Years 4 and above, unless DCT permission given.

III. Duties and Responsibilities

1. Each practicum year it is recommended student completes a minimum of 600 hours to be completed within a period of 12 consecutive months. It is recommended that students spend 300 hours in service-related activities, defined as treatment/intervention, assessment, interviews, report-writing, case presentations, and consultations and 150 of these hours must be in face-to-face client contact. In addition, students must receive individual face-to-face supervision for 25% or more of their client contact hours. Students must also be directly observed twice per semester.
2. The Practicum Student is expected to follow and comply with all ethical and legal codes of the profession and should follow all rules, regulations, policies and procedures of the Practicum Site. All Practicum students are expected to maintain confidentiality of all records and client information and respond to supervision appropriately.
3. It is understood that the Practicum Student has not completed the Program and is not licensed as a psychologist; therefore the Practicum Student will not represent him- or herself as a psychologist. The Practicum Student will inform clients that services are provided as part of professional training.
4. Students are responsible for completing physical examination, immunization, drug testing, and any other requirements required by the Practicum Site to perform their duties on site. Students are responsible for any and all costs incurred in completing these requirements.
5. Students are required to check that the affiliation agreement between WPU and the site must be in place prior to the student starting.
6. Students are responsible for maintaining a log of their accrued hours.

IV. Supervision

1. The Practicum Student will be supervised by a licensed psychologist at the Practicum Site, for a minimum of one hour of individual supervision for every 4 hours of face-to-face client contact.

2. If applicable, during the summer months, defined as July 1, 2025 until August 30, 2026, the student will receive general supervisory oversight, as needed, from the Graduate Director of the Psy.D. Program in Clinical Psychology, and if the Graduate Director is unavailable, from the Director of Clinical Training (DCT). The Graduate Director and/or DCT will serve as a liaison between the Practicum Student, Practicum Site, Program, and University, and be the primary point of contact for any questions or concerns that arise during the practicum experience. As such, the Graduate Director and/or DCT will be involved in any problems that arise between the Practicum Student and the Practicum Site. The University shall be notified immediately when a problem occurs, and the University shall be involved in any subsequent decisions that affect the practicum.
3. The Practicum Student shall immediately notify the Graduate Director and DCT ***about insufficient supervision, safety concerns, ethical violations, exceeding weekly hour limits, or any other matter at the Practicum Site*** that emerges about which the Practicum Student requires clarification or guidance.
4. The Practicum Student shall arrange for appropriate on-site supervision at the practicum site if the practicum supervisor is on vacation or otherwise unavailable. The Graduate Director must be notified in writing of all dates when site supervisors will be off-site.
5. During the Fall and Spring semesters of the academic year 2025-2026, students will receive weekly consultative supervision through active participation in the faculty-directed Practicum course, and students may count up to 3 hours per week from this course toward practicum hours. In this course, the faculty member will oversee the Practicum Student's experiences while on Practicum and will maintain contact with the Practicum student and the Practicum Site to ensure that duties and responsibilities are followed.
6. Actions, events or circumstances that may represent violations of University policy and/or procedure, the Student Code of Conduct or student rights shall be communicated to the University.

The practicum will not begin until an Affiliation Agreement has been signed by the Practicum Site and the designated representative(s) from the University. Any modifications to this agreement or your supervisor or start/end date will be recorded by the student on the Student Practicum Agreement Update, which is available from the Graduate Director or DCT, and the information will be communicated to these parties as well as the student's practicum instructor via email.

(You will attest to this agreement on a Qualtrics Survey)

Appendix 3: Supplemental Supervised Clinical Training Experience Agreement

This agreement is between _____ (student) and the William Paterson University Department of Psychology, Psy.D. Program in Clinical Psychology.

The Psy.D. Program in Clinical Psychology and the student agree to the following terms:

I. Terms

The student will complete a supplemental supervised clinical training experience that is not required for doctoral degree completion, and it is not considered part of the required program of study.

For students to count these supplemental clinical hours on the AAPI, per APPIC, the hours must be program certified. To gain program certification, the student will:

1. Log these hours in time2track or similar application, with the completed hours approved by the site supervisor, a licensed psychologist
2. Affirm that student will receive 1 hour of clinical supervision for every 4 face-to-face client contact hours.

II. Site

The student will complete this supervised clinical training at:

_____.

III. Liability

The student agrees to secure their own malpractice insurance as the university liability coverage does not cover this work. Student professional liability insurance is available for a small fee through the Trust. For more information, please see their website: <https://www.trustinsurance.com/Insurance-Programs/Student-Liability>

IV. Supervision

1. The Student, _____, will be supervised by _____, a licensed psychologist at the Site, for a minimum of one hour of individual supervision for every 4 hours of face-to-face client contact.

Approved and Accepted by:

Student

Date

(Once signed it must be uploaded in Qualtrics. Request link from DCT).